



## MIP Train the Trainer Refresher

**Workshop length:** full day

**Workshop format:** Classroom

### **Workshop description:**

This course is designed to refresh trainer's knowledge and skills required to help reduce the risk of musculoskeletal injury amongst front-line staff within their organizations. MSIs are one of the highest categories of injury in the continuing care industry. This course is designed to provide current information, updated CCSA workshop content and assess competency with the best practice techniques to ensure trainers are successful in assisting staff to work more effectively, efficiently and productively while reducing the overall risk of injury.

### **Expected outcomes:**

- Updated legislative changes
- CCSA's new S.A.F.E. model, replacing the eight principles
- Trainers will also be re-evaluated on their skills and problem-solving abilities

### **Activities:**

By providing a combination of class-room instruction, student participation, and course work, we are able to provide a complete understanding of the requirements for delivering effective Musculoskeletal Injury Prevention – Safe Resident Handling & Manual Materials Handling training programs.

### **Certification:**

This course has a written, open-book exam component. Participants must achieve a minimum score of 80% in order to qualify for certification.