

Continuing Care Emergency Response Code Training

Code Red-Fire Exercise Catalogue

Version 1.0 October 3, 2014

Continuing Care Emergency Response Code Training

Table of Contents

Code Red Exercise – Laundry Cart 3

Code Red Exercise – Fluorescent Light..... 4

Code Red Exercise – Happy Birthday..... 5

Code Red Exercise – What’s Cookin’? 6

Code Red Exercise – Cardboard Recycle Bin 7

Continuing Care Emergency Response Code Training

Code Red Exercise – Laundry Cart

Purpose

To ensure your Continuing Care site has the ability to respond to Code Red

Scope

Site dependent – can include one or more departments/ units within a site.

This exercise may be an orientation, drill, table top, functional or full scale but is limited to one facility.

Objectives

- To evaluate existing site Emergency Response Code Plans related to Code Red
- To establish a Command Post to manage the response
- To evaluate the ability to communicate the emergency within the facility
- To demonstrate the ability to maintain safety for staff, clients/ patients and visitors during the incident

Narrative

An act of arson has occurred on your unit. A completely stocked laundry cart is on fire. Smoke detectors have activated and the fire alarm bells/ horns have sounded. A Code “Red” is announced on the overhead paging system which also provides the location. Smoke begins to migrate through the hallway.

Continuing Care Emergency Response Code Training

Code Red Exercise – Fluorescent Light

Purpose

To ensure Site/ Service ability to respond to Code Red

Scope

Site dependant – can include one or more departments/ units within a Site/ Service.

This exercise may be an orientation, drill, table top, functional or full scale but is limited to one facility.

Objectives

- To evaluate existing Site/ Service Emergency Response Code Plans related to Code Red
- To establish a Command Post to manage the response
- To evaluate the ability to communicate the emergency within the facility
- To demonstrate the ability to maintain safety for staff, clients/ patients and visitors during the incident

Narrative

A resident approaches the nursing station to report an unusual odor outside her bedroom. She explains it as “something metallic burning”. You accompany the patient to the area to investigate and also smell the same as she has described. A light haze is seen near the ceiling and your eyes begin to water. No fire alarm bells/ horns have sounded at this point in time.

Continuing Care Emergency Response Code Training

Code Red Exercise – Happy Birthday

Purpose

To ensure Site/Service ability to respond to Code Red

Scope

Site dependant – can include one or more departments/ units within a Site/ Service.

This exercise may be an orientation, drill, table top, functional or full scale but is limited to one facility.

Objectives

- To evaluate existing Site/Service Emergency Response Code Plans related to Code Red
- To establish a Command Post to manage the response
- To evaluate the ability to communicate the emergency within the facility
- To demonstrate the ability to maintain safety for staff, clients/ patients and visitors during the incident

Narrative

Several family members have arrived to visit their elderly mother/ grand-mother on her birthday. They check in at the nursing station, inquire how she's doing, and proceed down the hall. Approximately 5 minutes passes and several people singing "Happy Birthday" (off key) are heard. Shortly after the fire alarm bells/ horns begin sounding.

Continuing Care Emergency Response Code Training

Code Red Exercise – What’s Cookin’?

Purpose

To ensure Site/ Service ability to respond to Code Red

Scope

Site dependant – can include one or more departments/units within a Site/Service.

This exercise may be an orientation, drill, table top, functional or full scale but is limited to one facility.

Objectives

- To evaluate existing Site/ Service Emergency Response Code Plans related to Code Red
- To establish a Command Post to manage the response
- To evaluate the ability to communicate the emergency within the facility
- To demonstrate the ability to maintain safety for staff, clients/patients and visitors during the incident

Narrative

A resident cooking program takes place each Monday afternoon. Today the group is making mini doughnuts with cinnamon sugar coating. A pot with a small amount of oil is placed on the back burner and heated. A patient darts from the kitchen into the hallway and yells “Fire!... Fire!”

Continuing Care Emergency Response Code Training

Code Red Exercise – Cardboard Recycle Bin

Purpose

To ensure Site/ Service ability to respond to Code Red

Scope

Site dependant – can include one or more departments/units within a Site/Service.

This exercise may be an orientation, drill, table top, functional or full scale but is limited to one facility.

Objectives

- To evaluate existing Site/ Service Emergency Response Code Plans related to Code Red
- To establish a Command Post to manage the response
- To evaluate the ability to communicate the emergency within the facility
- To demonstrate the ability to maintain safety for staff, clients/patients and visitors during the incident

Narrative

Your office has a small window which overlooks a loading dock and the waste receptacle bins. You observe smoke coming from the green cardboard recycle bin. It quickly ignites and flames are approximately 3-4 feet above the top of the bin.