



## CCSA Newsletter | February 2021 Edition

*Hang in there! These are trying times on the frontline of health and community care. CCSA is actively working on your behalf to navigate this rapidly changing environment.*



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### Good News Story

*Each month, we feature a good news story from one of our members.*

Despite the pandemic, [Westwinds Communities](#) in High River managed to hold its annual employee education day this fall. They welcomed three keynote speakers who spoke about mental health and wellness, providing timely and valuable information. One of them was [Jeremy Wood](#) from [CCSA](#), who presented the [CCSA Mental Health and Wellness in-service](#).

A total of 82 staff attended, all of whom were socially distanced and eager to learn.

- Learn more [here](#).
- See last month's good news story from [Big Hill Lodge](#).

Do you have a good news story? We'd love to hear it. Contact [CCSA](#).

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### CCSA's Harassment [In-service](#) is now available as a webinar

Evidence suggests that the risk for harassment and bullying in healthcare is nine times greater than any other industry and will continue to increase as the population ages and the continuing care sector grows. A variety of pressures, along with the commitment to provide high quality services, can affect relationships amongst co-workers, between families and employees, and between management and staff. This engaging webinar challenges the participant to learn what harassment in the workplace looks like and how to deal with it when and if it happens.

[Sign up](#) for the Harassment in the Workplace Webinar now!!

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## Alberta announces \$68.5M for seniors, mental health care

Alberta's government is providing \$68.5 million to protect vulnerable Albertans and staff in continuing care and residential addiction and mental health treatment facilities, as well as home care clients, from COVID-19.

[Watch the news conference](#) for more details.

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## MSI/RSI awareness CCSA's safety campaign for February

February is Musculoskeletal Injury (MSI) / Repetitive Strain Injury (RSI) Awareness month at CCSA. These are the most common type of injury in continuing care and can be caused by resident handling and manual materials handling activities.

Take advantage of our many resources designed specifically for continuing care to understand and help prevent these injuries.

- Visit [CCSA's YouTube channel](#) for instructional videos
  - See [CCSA's website](#) for a wide variety of helpful resources
  - February 29 is [International Repetitive Strain Injury \(RSI\) Awareness Day](#).
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## Tools to help you communicate with staff and residents about COVID-19 vaccination

Communication is key to the COVID-19 vaccination roll-out. Below are some ready-made resources to help you promote awareness and answer the questions you'll likely encounter.

1. The **World Health Organization** has [Mythbusters](#) – formatted images you can download, use and share. They cover topics like whether supplements are a cure, shoes spread the virus and masks cause oxygen deficiency.
2. The **Centre for Disease Control's** [COVID-19 Vaccination Toolkit](#) contains some tools that are appropriate for Canadian healthcare workers:

### Three posters:

- [Three Reasons Why You Were Given Top Priority To Be Vaccinated Against COVID-19](#)
- [Stopping the COVID-19 Pandemic Is Going to Take All of Our Tools](#)



- [Why Get Vaccinated? To Protect Yourself, Your Coworkers, Your Patients and Your Family.](#)

**Handout:** [Quick Answers for Healthcare Professionals to Common Questions People May Ask about COVID-19 Vaccines.](#)

**Stickers** for staff to wear once they've gotten their vaccine: [orange](#) and [white](#).

3. [EBSCO](#) has developed a [COVID-19 Decision Aid](#) to help people decide whether the vaccine is right for them.

4. [#ScienceUpFirst](#) is producing science-based content that you can distribute on your social media platforms like [Facebook](#), [Instagram](#) and [Twitter](#) to fight misinformation about COVID-19. Starting this March, they'll be re-sharing posts from trustworthy creators and producing fresh content to better explain the science behind the headlines.

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## You're invited!

[CCSA](#) and [ASCHA](#) will continue to hold collaborative meetings in 2021. Everyone is welcome to attend via Zoom. This is an opportunity to get fresh insight into current developments in the industry and connect with peers. The next meeting is on Feb. 24, 2021 at 2:00.

- [Register now](#) to attend.



## January highlights:

- The CCSA team was interviewed by MNP, the third-party conducting the [Facility-Based Continuing Care Review](#) on behalf of Alberta Health.
- CCSA met with Alberta's Labour Partnerships Injury Reduction and Certifying Partners from other industries to discuss relaunching COR in 2021 and to review changes to Partnerships Standard 2.1, which is about audit sampling.
- Dana Loeppky participated on two COR working groups with Alberta Labour, which are tasked with examining COR performance and COR audit tools. Dana is the co-chair of the latter.

## Coming up in February:

- The CCSA team has been invited to submit a written response to inform the development of [new continuing care legislation](#). Current continuing care legislation dates back to 1985 and includes six acts, six regulations and three standards. The review will contribute to Alberta's first comprehensive continuing care legislation and is expected to be tabled in 2021.

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## New Autumn Grove development

Two aging seniors residences in Innisfail were leveled to make way for the new Autumn Grove development – an integrated seniors independent and supportive living facility with 60 seniors lodge units and 30 seniors apartment units. The governments of Alberta and Canada provided \$24 million for the Autumn Grove project.

- Read the recent news release [here](#).



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## Latest issue of WorkSIGHT magazine

### WCB-Alberta annual return deadline is February 28, 2021

If you are an employer with workers, you must fill out an annual return. You will no longer receive an annual return PIN letter in the mail. Just log onto [myWCB](#), set up a profile and submit your return. If you are enrolled in the Partnerships in Injury Reduction (PIR) program, it is important you submit your return on time, as late filing may prevent you from receiving your 2020 PIR refund.

- [Get the details and instructions here](#)

### WCB-Alberta seeking feedback on policies

WCB-Alberta is seeking stakeholder feedback regarding Bill 47 changes to the *Workers' Compensation Act*. The following topics are open for consultation:

- Fairness reviews
- Duty to cooperate
- Egregious conduct
- Maximum compensable earnings

You can find out more about these changes and provide input on their [What's new in Policy page](#). Consultation is open **until February 15, 2021**.

Read the full [January 2020](#) edition, click [here](#) to subscribe to WCB Alberta's monthly WorkSIGHT magazine

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# Alberta Labour

## Latest issue of OHS eNews

Here are the highlights of the [January 2021](#) edition of OHS eNews:

- New bulletin: COVID-19 exposure in common areas
- Changes to the Ensuring Safety and Cutting Red Tape Act, 2020
- A Heroes' Fund for First Responders has been created
- Alberta's Prevention Initiative is in full swing

# Mark your calendars!



## February

- [Recreation Therapy Month](#)
- [Psychology Month](#)
- [World Cancer Day](#) – Feb. 4
- [Pink Shirt Day](#) (Anti-bullying Day) – Feb. 24
- [International Repetitive Strain Injury \(RSI\) Awareness Day](#) – Feb. 28

## March

- [Nutrition Month](#)
- [Liver Health Month](#)
- [Pharmacy Appreciation Month](#)
- [International Women's Day](#) – March 8
- [Brain Awareness Week](#) – March 15-21



CCSA has expanded the courses we can now deliver via instructor-led virtual training. We will continue to offer both classroom and virtual options as we move forward.

[Check out our course descriptions and schedules.](#)

## SAFETY TRAINING

- Auditor Training
- Hazard Assessment & Control
- HS Committee / Rep
- Incident Investigation
- Musculoskeletal Injury Prevention Combo (SRH and MMH)
- Musculoskeletal Injury Prevention – Manual Materials Handling (MMH)
- Musculoskeletal Injury Prevention – Safe Resident Handling (SRH)
- OHSMS: Basics for Auditors
- Root Cause Analysis In-service
- Work Site Inspections

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## SAFETY LEADERSHIP COURSES

- Safety Leadership Module 1: Intro to HS Leadership
- Safety Leadership Module 2: Leading Individual Safety Performance
- Safety Leadership Module 3: Effective Team Leadership

## TRAIN-THE-TRAINER COURSES

- Manual Materials Handling (MMH) Train-the-Trainer
- Musculoskeletal Injury Prevention Combo (SRH & MMH) Train-the-Trainer
- Safe Resident Handling (SRH) Train-the-Trainer
- Hazard Assessment and Control Train-the-Trainer
- Work Site Inspections Train-the-Trainer
- Incident Investigation Train-the-Trainer

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## WORKPLACE VIOLENCE & AGGRESSION COURSES

- Harassment and Bullying in the Workplace In-service
- Managing Workplace Violence and Aggression
- Mental Health and Wellness In-service



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