



CCSA Newsletter | January 2021 Edition

Hang in there! These are trying times on the frontline of health and community care. CCSA is actively working on your behalf to navigate this rapidly changing environment.



Happy New Year from CCSA!

We want to say a heartfelt thank you to all of our members. 2020 was a very difficult year in continuing care and we are proud that we got through it together. We have some exciting plans in the works and we are proud to be able to continue to serve you in 2021.

Good News Stories

Each month, we feature a good news story from one of our members. This month we have two from [Rocky View Foundation's Big Hill Lodge](#) in Cochrane.

Lights, camera, action!



You won't want to miss this. [Big Hill Lodge](#) produced a heartwarming, lively video (2:28 min) about how they are managing during these challenging times. It captures the spirit of residents and staff, who played a starring role.

An especially warm welcome

Big Hill Lodge found a creative way to extend a truly warm welcome to new residents, even with COVID-19 restrictions. Each newcomer receives a mailbox with welcome notes from residents and staff, along with a personalized care package.

- Learn more about the welcome packages [here](#).

- See last month's good news story about [Meadow Ridge Seniors Village](#).

Do you have a good news story? Contact [CCSA](#).

CCSA year in review



Continuing Care
Safety Association

**CCSA 2020
YEAR IN
REVIEW**

MANDATE

2020 was another extremely busy year for the CCSA team as we worked diligently to deliver on our member's mandate.

2020 HIGHLIGHTS



Training
- 949 Participants
- 140 Training Events

38% of all training participants took part in CCSA's Health and Safety Committee/ Representative Training

Consultation

- Flexible delivery
- OHS questions



Health & Safety Toolkit

- 3 levels
- 162 Resources



On-Demand Webinars

OHS 101 for Leaders:
- 11 videos
- 91 registrants

Violence & Harassment Prevention for Supervisors & Managers:
- 56 registrants



Certificate of Recognition

- 65 Audits Reviewed
- 17 Member Audits conducted



Communication

- New CCSA Website
- Improved CCSA newsletter



- Get the details [here](#).

COR Communication

Wondering what's happening in 2021? Here are three things that COR holders and auditors need to know now:

1. Watch for an email reminding you of where you are in your audit cycle.
2. Find out if you are [eligible](#) for an action plan.
3. If you missed it last month, make sure you take a look at the [auditing requirements for 2021](#).

OHS 101 - Q&A

Each month, we answer one of your OHS questions. If you have a question, [contact us](#).

Q: How does WCB determine if a COVID-19-related claim is accepted?

A: This is a great question and requires a detailed answer. We have posted [WCB's response](#) on the CCSA website. It includes the types of questions adjudicators will ask, along with the policy that guides their decision-making. It even covers claims that result from a reaction to the vaccine.



If the adjudicator determines that the claimant came into contact with someone in the community that tested positive (family member, community member, etc.) and that is the likely source of infection, then the claim would not be work-related. However, if the adjudicator is unable to find an outside source and there is a declared outbreak at the worksite, they will accept that the claim is work-related because there is an increased risk of exposure caused by working in a place with an outbreak. COVID-19 itself is not caused by employment; however, if the work situation/circumstances put a worker at an increased risk of contracting the disease, it is an acceptable claim.

- Read WCB's full response [here](#).

Bethany Care Foundation recognized with Minister's Senior Service Awards

Congratulations to the [Bethany Care Foundation](#), which was recently recognized by the Government of Alberta for supporting seniors during COVID-19. Of the more than 100 entries received, nine individuals, organizations or businesses were selected.

Since March 2020, the Bethany Foundation has raised over \$500,000 to support the fight against COVID-19. This funding helped the foundation provide iPads to facilitate virtual visits between residents and families, a smart television, social isolation kits for residents, and 7 portable touch screen units for sensory programming. They also found creative ways to help residents stay socially connected, like photo name tags for staff and wipeable signs for guests so they could share birthday and anniversary wishes. The foundation also rallied the community to share words of encouragement with seniors via lawn signs, messages on social media and at their sites, demonstrating its mission of creating caring communities.

- See the full list of award recipients [here](#).

Violence and harassment in continuing care – CCSA's January safety campaign

Violence and harassment can happen to anyone, including staff and residents/clients. CCSA has compiled resources to help employers and employees navigate important issues like [violence prevention](#) at work, [harassment \(including bullying\)](#) at work, [elder abuse](#), and [domestic violence](#) in the workplace.

- See the full list of resources [here](#).

Bell Let's Talk Day – Jan. 28

On any given week, more than 500,000 Canadians are unable to go to work due to mental health problems. With COVID-19, this past year has been especially difficult. You can make a difference. [Bell Let's Talk Day](#) on Jan. 28, 2021 is a great opportunity to start or continue the conversation about mental health.



- Check out the Bell Let's Talk Day [toolkit](#).

Falls – the numbers add up to a big ouch!

We may be Canadian, but that doesn't mean we are immune to slips, trips and falls when it's icy outside. Consider these numbers:

- Within Alberta, claims from falling in icy conditions average 47 days.
- Falls are responsible for 12 per cent of lost time claims in continuing care.

Top 3 occupations with claims



Data Source: Workers' Compensation Board claims database, 2015-2019, as of November 27, 2020

Information is the key to targeted prevention.

Check out the [resources](#) from the Alberta [OHS prevention initiative](#).

You're invited!

[CCSA](#) and [ASCHA](#) will continue to hold collaborative meetings in 2021. Everyone is welcome to attend. This is an opportunity to get fresh insight into current developments in the industry and connect with peers. The next meeting is on Feb. 24, 2021 at 2:00 p.m..

- [Register now](#) to attend.



Latest issue of WorkSIGHT magazine

In case you missed it, here are the headlines from the [December 2020 edition](#):

- Bill 47: How does legislation affect you and your workers?
 - Feature: After a fall, Matt rose to the challenge
 - Business news: Online. On time. Are you ready?
 - New and/or updated Resources, including an updated COVID-19 at work employer fact sheet
- To subscribe to WCB Alberta's monthly WorkSIGHT magazine, click [here](#).

Deadline to file your return is Feb. 28, 2021

When filing your return, you will no longer receive an annual return PIN letter in the mail. Just log onto [myWCB](#), set up a profile and submit your return.

- Learn more [here](#).



Latest issue of OHS eNews

Here are the highlights of the December 2020 edition of [OHS eNews](#):

- The Alberta [OHS Prevention Initiative](#) has developed targeted resources to help raise awareness of winter slips, trips and falls. The new resources are available on the [OHS Resource Portal](#).
- Several Employment Standards provisions changed on Nov. 1, 2020, including payment of earnings, statement of earnings, deductions, and more.
- COR measures have been updated for 2021.
- 2019 annual PSI (potentially serious incident) statistics are available.

Mark your
calendars!



January

- [Bell Let's Talk Day](#) – Jan. 28

February

- [Recreation Therapy Month](#)
- [World Cancer Day](#) – Feb. 4
- [Pink Shirt Day](#) (Anti-bullying Day) – Feb. 26



CCSA has expanded the courses we can now deliver via instructor-led virtual training. We will continue to offer both classroom and virtual options as we move forward.

[Check out our course descriptions and schedules.](#)

SAFETY TRAINING

- Auditor Training
- Hazard Assessment & Control
- HS Committee / Rep
- Incident Investigation
- Musculoskeletal Injury Prevention Combo (SRH and MMH)
- Musculoskeletal Injury Prevention – Manual Materials Handling (MMH)
- Musculoskeletal Injury Prevention – Safe Resident Handling (SRH)
- OHSMS: Basics for Auditors
- Root Cause Analysis In-service
- Work Site Inspections

SAFETY LEADERSHIP COURSES

- Safety Leadership Module 1: Intro to HS Leadership
- Safety Leadership Module 2: Leading Individual Safety Performance
- Safety Leadership Module 3: Effective Team Leadership

TRAIN-THE-TRAINER COURSES

- Manual Materials Handling (MMH) Train-the-Trainer
- Musculoskeletal Injury Prevention Combo (SRH & MMH) Train-the-Trainer
- Safe Resident Handling (SRH) Train-the-Trainer
- Hazard Assessment and Control Train-the-Trainer
- Work Site Inspections Train-the-Trainer
- Incident Investigation Train-the-Trainer

WORKPLACE VIOLENCE & AGGRESSION COURSES

- Harassment and Bullying in the Workplace In-service
- Managing Workplace Violence and Aggression
- Mental Health and Wellness In-service



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