



CCSA Newsletter | July 2020 Edition

Hang in there! These are trying times on the frontline of health and community care. CCSA is actively working on your behalf to navigate this rapidly changing environment.



CCSA and ASCHA hold first Collaborative OHS Member Discussion

On June 24, 2020 the teams from CCSA and the Alberta Seniors Communities & Housing Association (ASCHA) hosted their first Collaborative OHS Member Discussion. Approximately 55 people attended.

Participants learned about CCSA and our services, and then the discussion turned to the COVID-19 pandemic and potential occupational health and safety opportunities. Here are the highlights:

- When asked “*What were the most significant OHS barriers during the COVID-19 response?*” the top responses were:
 - Lack of clear direction from Alberta Labour and OHS.
 - Lack of appropriate PPE/cleaning supplies.
- When asked “*What information or services did you expect to receive from the CCSA during the COVID-19 response?*” the top responses were:
 - Clear guidance on the directives/guidance from the Chief Medical Officer/Alberta Labour, OHS
 - Advocacy on OHS issues with AHS and Alberta Labour, OHS

Overall, feedback from participants was very positive. Thank you to all of our members who were able to attend.

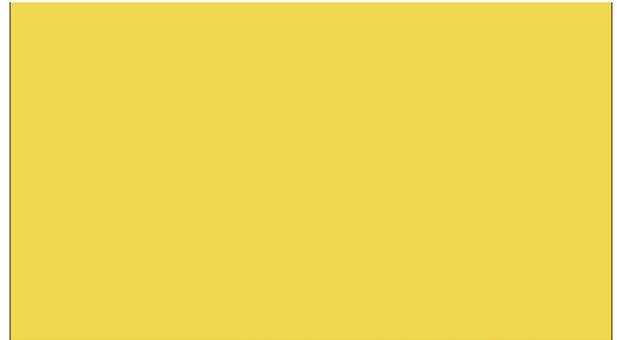
The next discussion will take place on August 26, 2020. We hope to see you there. [Contact our team](#) for more details.

New feature... Good News stories!

The outbreak of the Coronavirus has been described as the 'worst public health crisis for a generation'. In light of these extreme and uncertain times, CCSA is sharing good news stories from our members that demonstrate the power of caring, kindness and compassion.

Read the first [Good News story](#) about how CapitalCare Dickinsfield took a creative approach to social distancing.

Do you have a story you'd like to share? We'd love to hear it. Please email Nadine at NadineT@ab-ccsa.ca.



So, what exactly is COR?

Approximately 23 per cent of CCSA members participate in the COR program. Are you interested in the COR program but are not sure where to start?

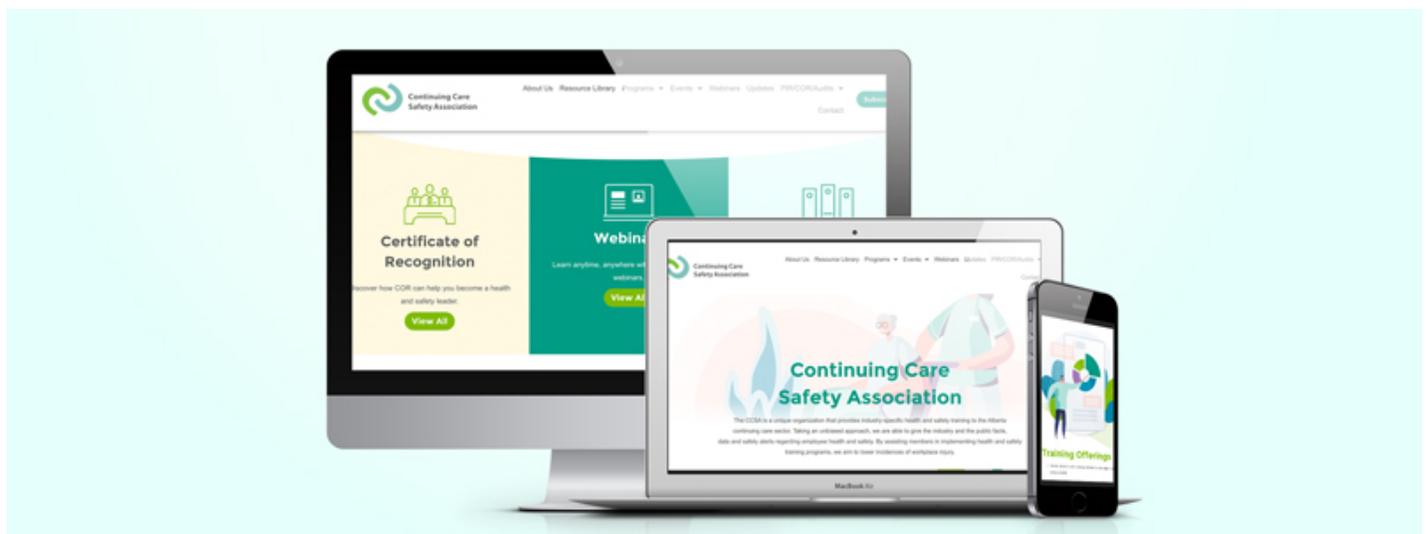
Click [here](#) to learn more about COR.



Speaking of COR, it's time to register your audit

Starting this year, you are required to register your COR audit with us. Already, 58 per cent of our members have done so, which is terrific. If you haven't had a chance yet, please take a moment to register as soon as possible. We're already half-way into 2020!

Register your audit [here](#).



Drop by for a web visit!

We're pretty pleased with our new website. Built with CCSA member needs front and centre, we hope you'll find it easy-breezy to use.

Check out the [CCSA website](#) now.

July 24 is International Self-Care Day

Self-care is about making choices that support our overall health. Sounds simple, but for many people, self-care routines took a big detour with the pandemic. Gyms closed, stress skyrocketed and we ate oh so many loaves of homemade bread.

On July 24, make self-care a priority. Pick at least one thing you can do to nurture and take care of yourself. And remember that you are more important than you can possibly know.

Check out these [self-care resources](#) from CCSA.



July

- [National Injury Prevention Day](#) – July 6
- [International Self-Care Day](#) – July 24

August

- [International Overdose Awareness Day](#) – August 31



Check out the latest courses offered by the CCSA, including:

CCSA courses are going virtual!

The CCSA team has taken steps to ensure we do our part to help reduce the risk and spread of the virus and have postponed all **in-person** workshops until September. We are now offering instructor-led virtual training sessions for our five most popular courses. To learn more, click [here](#).

SAFETY TRAINING

- [Auditor Training](#)
- [Hazard Assessment & Control](#)
- [HS Committee / Rep](#)
- [Incident Investigation](#)
- [Musculoskeletal Injury Prevention Combo \(SRH and MMH\)](#)
- [Musculoskeletal Injury Prevention – Manual Materials Handling \(MMH\)](#)
- [Musculoskeletal Injury Prevention – Safe Resident Handling \(SRH\)](#)
- [OHSMS: Basics for Auditors](#)
- [Root Cause Analysis In-service](#)
- [Work Site Inspections](#)
- [WHMIS](#)

SAFETY LEADERSHIP COURSES

- [Intro to Safety Leadership: Workshop 1](#)
- [Safety Leadership Basics: Workshop 2](#)
- [Driving Safety Accountability: Workshop 3](#)
- [Safety Leadership Actions: Workshop 4](#)

TRAIN-THE-TRAINER COURSES

- [Manual Materials Handling \(MMH\) Train-the-Trainer](#)
- [Musculoskeletal Injury Prevention Train-the-Trainer Combo \(SRH & MMH\)](#)
- [Safe Resident Handling \(SRH\) Train-the-Trainer](#)

WORKPLACE VIOLENCE & AGGRESSION COURSES

- [Harassment and Bullying in the Workplace In-service](#)
- [Managing Workplace Violence and Aggression](#)
- [Mental Health and Wellness In-service](#)



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