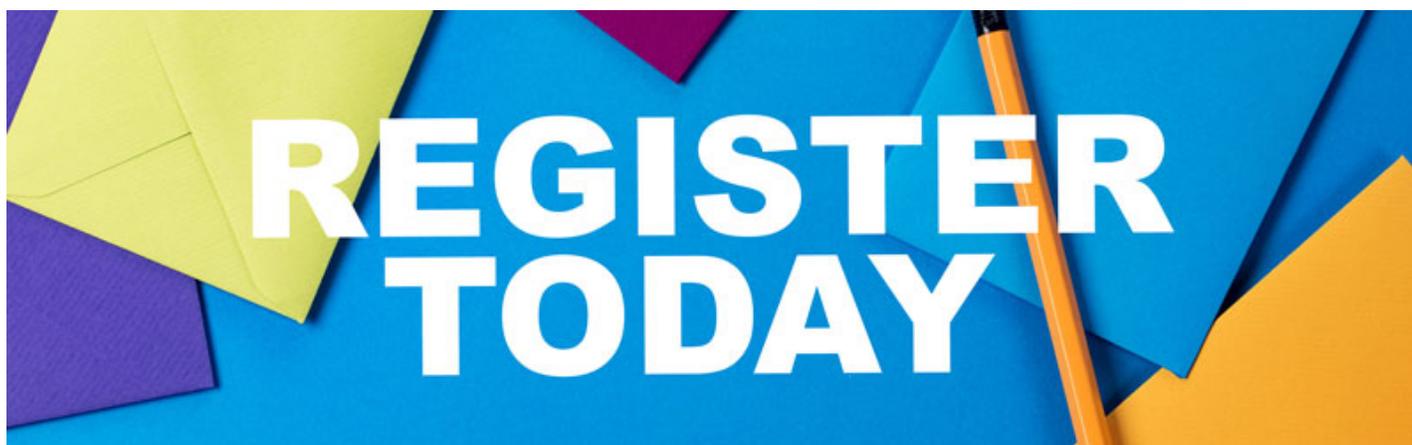




CCSA Newsletter | March 2020 Edition



Don't forget to register for the CCSA AGM on April 16

Please join us at the 2020 CCSA AGM in Red Deer on April 16, 2020 from 10:00AM to 2:00PM. Seating is limited for this popular event, so please [register](#) ASAP.

Confirmed presentations:

- Brandee Madison, Fair Practices Office, Employer Appeals Advisor Branch - **Who they are and how they can help employers**
- Ian Hooper, Jeff Smith and Quinto Vizza, Alberta Labour and Immigration - **Employer Reviews and the OHS Synopsis Model**
- Jeff Crawford, Alberta Labour and Immigration - **Health and Safety Committees and Health and Safety Representatives, Committee Structure and Training Requirements along with Q&A**

At the AGM, we'll also elect four new Board members. We are taking [nominations](#) now for two (2) Long Term Care Directors and two (2) Seniors Supportive Living Directors.

MARCH IS
NUTRITION MONTH!



Eat Right, Bite by Bite

March is Nutrition Month and this year's theme is Eat Right, Bite by Bite. There are tonnes of juicy resources available to highlight the importance of healthy eating and food safety. Check out the [CCSA](#) safety campaign, the [Dietitians of Canada](#) site and the [Unlockfood.ca](#) site for ideas and tools.



Workplace Safety
**Certificate of
Recognition**

Do you work for a COR-certified organization?

Forty-five per cent of all the workers covered by WCB in Alberta are employed by an organization that's COR certified. That means the organization has developed a health and safety program that meets established standards and they've earned a Certificate of Recognition (COR). Why do they make the effort? Contact the CCSA COR team at COR@ab-ccsa.ca to learn about the many benefits, including a sizeable refund from WCB.

COR Correspondence

In our latest COR Communication, you'll learn about team audits and the criteria for work site sampling . Also, we've included a friendly reminder to always download the CCSA's most recent version of the audit tool when completing an audit.

Read the full March COR Correspondence [here](#).

Policy project plans and feedback from consultations

Each year, WCB-Alberta selects a number of policies to review. The following documents are now available on WCB-Alberta's website:

- [2020 Policy Project Plan](#)
- [2019 Policy Project Plan - final update](#)
- [Stakeholder feedback from the 2020 Policy Project Plan](#)
- [Stakeholder feedback from phase two – review of employer accounts and premium policies](#)

You can find these and other updates on their [What's new in Policy](#) page.

Become a leader in psychological health and safety in the workplace

WCB-Alberta is there to help workers who have been diagnosed with psychological injuries. As an employer, you play a pivotal role in managing psychological health issues within your workplaces. With a host of new education opportunities available, WCB-Alberta is there to help you, too.

Its newly formed partnership with the University of Fredericton gives Alberta employers access to special pricing for online course offerings in [psychological health and safety](#) and [enhancing workplace resiliency](#). The goals of this partnership are to:

- Proactively reach employees before psychological health and safety issues become systemic.
- Encourage employees to seek support when needed.
- Reduce stigma as it relates to mental health in the workplace. Reduce costs related to sick time and time away from work that can be increased by mental health issues.

Online course offerings are available at the basic, manager and advanced certificate levels. [Course details and registration are now open](#).

NEW seminar: Psychological injuries in the workplace

Half day seminar from 8:30 a.m. - 12:30 p.m.

You are familiar with how best to care for your workers following a physical injury, but you may have questions on how to support a safe and timely return-to-work for a worker who is coping with a psychological injury. This seminar will cover WCB policy and legislation related to psychological injuries, the claims decision-making process, psychological injury treatment, and how to successfully support your workers through recovery.

This seminar was created for small-to-mid-size employers, or employers who are new to WCB although we welcome all employers to attend. Our aim is to increase understanding of mental health injuries in the workplace.

What you will learn:

- Common psychological diagnoses.
- Key legislation and policies.
- How to support a safe and timely return-to-work.
- Tools and best practices.

- The assistance WCB can provide.
- Where to find additional support.

Register online:

- [Calgary and Edmonton](#)
- [Rural areas](#) (1/2-day session time TBC upon registration)

Read the full WCB update on our [website](#).



The OHS Online Incident Reporting service is now live

This new OHS Online Incident Reporting feature replaces the existing potentially serious incident (PSI) and mine and mine site incident reporting system. What's new with the OHS Online Incident Reporting service?

- It uses MyAlberta Digital ID for Business accounts.
 - Now employers can set up an account and have all their information in one spot. For more information on MyAlberta Digital ID for Business, see the [new webinar](#).
 - Employers no longer have to complete an online report all at once, they can save the record and complete it at another time.
 - Employers can have multiple users on one account.
- Employers can upload their investigation reports, instead of manually entering the information.

Find the OHS Online Incident Reporting service from these websites:

- [Report mine or mine site incidents](#)
- [Report potentially serious incidents](#)
- [Employer services](#)

NEW! Watch the webinar [Reporting and investigating a potentially serious incident](#) to increase your understanding of PSIs. Become familiar with the [Recognizing a potentially serious incident](#) decision tree.

Occupational health and safety starter kit

This starter kit from the Government of Alberta provides information and tools to help employers know and understand some of the basic requirements of Alberta's occupational health and safety (OHS) laws. It is designed to help employers who need to develop an OHS program from the ground up. It may also benefit those looking to grow and improve upon their existing health and safety program, culture and performance. The kit includes templates and sample forms that are also available in MS Word format (search BP035TMP or see Related resources on the starter kit's product page).

Click [here](#) to access the starter kit.

You can read the Alberta Labour updates on our [website](#).

In the News

Alberta's Top 75 Employers Named

This year marks the 15th anniversary of the Alberta's Top Employers competition, a special designation that recognizes employers in the province that lead their industries in offering exceptional places to work.

The 2020 winners include some familiar names in our industry. Congratulations to Alberta Blue Cross, Alberta Health Services, Appeals Commission for Workers' Compensation, Bethany Care Society, CapitalCare Group, Covenant Health, the Health Quality Council of Alberta, and the Workers' Compensation Board.

The full list of 2020 winners can be found in a [special magazine](#) published February 20 in the [Calgary Herald](#) and [Edmonton Journal](#).

Steps for Life fundraiser

Today, three workers will die on the job in Canada.

The Association for Workplace Tragedy Family Support, known as Threads of Life, is hosting its flagship fundraiser this March - Steps for Life. It's a fun 5km walk to educate the community about the devastating ripple effects of each workplace tragedy and how we can work together to prevent others being injured or killed on the job.

[Registration is open now](#). Early bird rates are available until March 31st.



MSI Prevention Initiatives at Newport Harbour Care Centre

February 29 was International Repetitive Strain Injury Awareness Day and theme was "Raise awareness - Prevent the pain".

CCSA member Newport Harbour Care Centre has been working to do just that -- raise awareness and prevent the pain. Here's a quick look at their initiatives.

- Education/in-service training for staff.
- Ongoing work to increase staff awareness including 'capturing the moments' of staff working the 'wrong way' and 'right way'.
- Introduction of a "Wellness Wagon".
- Detailed assessments of mechanical lifts by equipment professionals. Three new lifts were brought to replace old ones.
- Sharing of information in small team huddles twice a week.

Newport Harbour Care Centre staff have been very receptive and excited. Great work!

You can read the full article [here](#).



March

- [Nutrition Month](#)
- [Dietitians Day \(March 18\)](#)
- [Pharmacist Awareness Month](#)
- [International Women's Day \(March 8\)](#)

April

- CCSA will be at the [ASCHA Convention & Tradeshow](#), April 6-8 in Red Deer. Drop by our booth and say hello!
- [National Day of Mourning \(April 28\)](#)



Check out the latest courses offered by the CCSA, including:

SAFETY TRAINING

- [Auditor Training](#)
- [Hazard Assessment & Control](#)
- [HS Committee / Rep](#)
- [Incident Investigation](#)
- [Musculoskeletal Injury Prevention Combo \(SRH and MMH\)](#)
- [Musculoskeletal Injury Prevention – Manual Materials Handling \(MMH\)](#)
- [Musculoskeletal Injury Prevention – Safe Resident Handling \(SRH\)](#)
- [OHSMS: Basics for Auditors](#)
- [Root Cause Analysis In-service](#)
- [Work Site Inspections](#)
- [WHMIS](#)

SAFETY LEADERSHIP COURSES

- [Intro to Safety Leadership: Workshop 1](#)
- [Safety Leadership Basics: Workshop 2](#)
- [Driving Safety Accountability: Workshop 3](#)
- [Safety Leadership Actions: Workshop 4](#)

TRAIN-THE-TRAINER COURSES

- [Manual Materials Handling \(MMH\) Train-the-Trainer](#)
- [Musculoskeletal Injury Prevention Train-the-Trainer Combo \(SRH & MMH\)](#)
- [Safe Resident Handling \(SRH\) Train-the-Trainer](#)

WORKPLACE VIOLENCE & AGGRESSION COURSES

- [Harassment and Bullying in the Workplace In-service](#)
- [Managing Workplace Violence and Aggression](#)
- [Mental Health and Wellness In-service](#)



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