



Continuing Care
Safety Association



CCSA Newsletter | October 2019 Edition



November is Fall Prevention Month

What's the leading cause of injury among older Canadians? You guessed it – falls! According to Statistics Canada, 20 to 30 per cent of seniors experience at least one fall each year.



How can employees keep themselves safe?

They can take the CCSA's Musculoskeletal Injury Prevention courses happening this November in the Edmonton area. They include [Safe Resident Handling](#) and [Manual Materials Handling](#) (both on Nov 19), as well as a [Train-the-Trainer course](#) (Nov 20-22).



Can't attend the training but want to learn more?

[CCSA's YouTube channel](#) has 14 different videos on preventing musculoskeletal injury. These one- to two-minute videos discuss proper technique for everything from assisting a fallen resident to lifting heavy items overhead.



Need additional tools to promote Fall Prevention Month?



Want ideas to reduce slips, trips and falls at work?

Visit the [Fall Prevention website](#) to access a toolkit that provides resources and information for practitioners, event planners and older adults interested in fall prevention. You'll find infographics, statistics, media tools and more to promote your initiatives. Everything in this toolkit is free to use and distribute widely.

Make a plan and pay special attention to transition periods between seasons because workers are not yet used to the changes in weather. If you don't already have one, introduce a policy around shoveling – when it will occur and who does it. [Read the full article here.](#)



Paper? It's passé at CCSA

At CCSA, we've made the big decision to become "paper-light" in 2020, which means we are taking steps to significantly reduce our paper burden. These are some of the changes you'll see:

- Course completion e-Certificates will be issued for **all** CCSA training programs.
- Electronic copies of CCSA training manuals will be provided to registered participants for most CCSA training programs. (*NOTE: some exceptions apply*).
- CCSA invoices will be produced and distributed electronically.
- [Read more here.](#)



COR Correspondence

November to February is peak audit season. Are you ready? Have you downloaded the most recent COR audit tool from the CCSA website?

Click the link below to get the full scoop, along with valuable information about what to expect in 2020. We're trialing a new process that allows employers to have an assessment conducted of their OHSMS without the requirement for staff interviews.

[Read more here.](#)



And the winner is....!

Thank you to everyone who participated in the CCSA Stakeholder Engagement Survey this October. As promised, we drew a name from the list of respondents for \$100 in CCSA programs and services. We are pleased to announce the winner - Della Kuebler!



Need capable workers? WCB's TOJ program can help

Through WCB's training-on-the-job (TOJ) program, you have access to a pool of skilled workers who are permanently injured but fit for suitable employment. And with WCB's incentives and support, it may be a perfect fit! Next time you are posting a job, include WCB on your distribution list.

- [Read more here.](#)

Provide input on WCB policies

WCB Alberta is drafting policy changes regarding employer accounts and premiums, and would like your feedback. Between now and December 2, 2019, you can review the policies and provide written feedback online. WCB Alberta will use this feedback to draft revised policies, which they hope to implement in early 2020.

- [Find out more and participate here.](#)

WCB Alberta's *Worksight* magazine is now digital

WCB's *Worksight* magazine is now published digitally each month and emailed straight to all employers with a WCB account. The online version still contains

the same great information you're used to – like success stories and WCB business information – in a more sustainable and shareable way.

- [View the latest digital edition here.](#)
- [To subscribe, click here.](#)

Story ideas? Contact WCB at communications@wcb.ab.ca

Infectious disease exposure at work – when do you report?

Click [here](#) to access the Infectious Disease Reporting fact sheet produced by WCB. It outlines what to do if a worker was exposed to an infectious disease as a result of employment. This includes influenza, which normally peaks in the months ahead.



Seniors can now submit financial benefit applications and supporting documents online

A new online tool makes financial assistance programs for seniors with low income more accessible.

The [seniors financial assistance online tool](#) from the Government of Alberta allows seniors to apply for programs, and scan and upload related documents such as forms, banking information and receipts. Until now, they had to fax, mail or drop off these documents in person.

- [Read the full article](#)
- [Access the online tool](#)



List of COR holders now updated daily

A Certificate of Recognition (COR) is awarded to employers who develop health and safety programs that meet established standards. On the Alberta Labour and Immigration website, you will find a list of COR holders. It is now updated daily instead of weekly.

- [Click here to access the COR holder list.](#)

OHS doing proactive inspections

Each year, Alberta Occupational Health and Safety (OHS) proactively inspects employers to monitor compliance with legislation. They choose employers and sectors with:

- Relatively high injury and illness rates
- High frequency of incidents or complaints
- Persistently low rates of compliance
- Emerging trends

This includes the health care industry, where 102 employers will be inspected between October 2019 and March 2020. To find out more about the OHS Proactive Inspection Program and the proactive inspection programs currently underway, please click [here](#).



Statistics
Canada

Alberta is forecast to have fewer seniors per capita than the national average

Statistics Canada has released its projections on the country's population over the next 50 years. The rate of population growth in Alberta would be the highest among Canadian provinces over the next 25 years. In 2043, it will increase from 4.3 million (2018) to between six million and 7.3 million. Alberta is also forecast to have fewer seniors per capita than the national average.

- [Read the full article](#)
- [Link to Statistics Canada data](#)

Mark your calendars!



November

- [Fall Prevention Month](#)
- [Family Violence Prevention Month](#)

December

- December 6 | [National Day of Remembrance and Action on Violence Against Women](#)



Check out the latest courses offered by the CCSA, including:

SAFETY TRAINING

- [Auditor Training](#)
- [Hazard Assessment & Control](#)
- [HS Committee / Rep](#)
- [Incident Investigation](#)
- [Musculoskeletal Injury Prevention Combo \(SRH and MMH\)](#)
- [Musculoskeletal Injury Prevention – Manual Materials Handling \(MMH\)](#)

TRAIN-THE-TRAINER COURSES

- [Manual Materials Handling \(MMH\) Train-the-Trainer](#)
 - [Musculoskeletal Injury Prevention Train-the-Trainer Combo \(SRH & MMH\)](#)
 - [Safe Resident Handling \(SRH\) Train-the-Trainer](#)
-

- [Musculoskeletal Injury Prevention – Safe Resident Handling \(SRH\)](#)
- [OHSMS: Basics for Auditors](#)
- [Root Cause Analysis In-service](#)
- [Work Site Inspections](#)
- [WHMIS](#)

WORKPLACE VIOLENCE & AGGRESSION COURSES

- [Harassment and Bullying in the Workplace In-service](#)
- [Managing Workplace Violence and Aggression](#)
- [Mental Health and Wellness In-service](#)

SAFETY LEADERSHIP COURSES

- [Intro to Safety Leadership: Workshop 1](#)
- [Safety Leadership Basics: Workshop 2](#)
- [Driving Safety Accountability: Workshop 3](#)
- [Safety Leadership Actions: Workshop 4](#)



Copyright © 2019 | Continuing Care Safety Association, All rights reserved.

Our mailing address is:

#110, 6325 Gateway Boulevard
Edmonton AB T6H 5H6 Canada

Want to change how you receive these emails?
You can [update your preferences](#) or [unsubscribe from this list](#).

This email was sent to <<Email Address>>
[why did I get this?](#) [unsubscribe from this list](#) [update subscription preferences](#)
Continuing Care Safety Association · 110, 6325 Gateway Blvd · Edmonton, AB T6H 5H6 · Canada

