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Continuing Care
Safety Association



CCSA Newsletter | November 2020 Edition

Hang in there! These are trying times on the frontline of health and community care. CCSA is actively working on your behalf to navigate this rapidly changing environment.



Good News Story from Greater Edmonton Foundation

Each month, we feature a good news story from one of our members.

Eight months ago, when the COVID-19 pandemic first hit Alberta, no one fully understood the social isolation we would be facing. It quickly became evident that human connection - such an important part of living a happy, healthy life - was missing, especially for seniors. Find out what the [Greater Edmonton Foundation](#) did to reconnect. Hint: It included food trucks and 'Birthday Brigades'.

- See the full good news story [here](#).
- See last month's good news story about [Community Care](#).

Do you have a good news story? Contact [CCSA](#).

CCOHS launches COVID-19 planning tool

The [Canadian Centre for Occupational Health and Safety](#) (CCOHS) launched a new customizable tool kit resource with more than 40 free resources to reduce the spread of COVID-19 and protect everyone in the workplace. It includes information on the responsibilities of employers and workers, and what workplaces should do to control risks.

- Check out the COVID-19 tool kit [here](#).



AHS guidance on influenza immunization during COVID-19

AHS recently released a bulletin on COVID-like symptoms following influenza immunization. It provides guidance on how to tell the difference between COVID-19 and flu symptoms, what staff members should do if they develop symptoms post-vaccination, and more.

- Read the [bulletin](#) now.

HQCA Designated Supportive Living and Family Experience Surveys

The results of the surveys were published in late September in two reports, the *Designated Supportive Living Resident Experience Survey Report* and the *Designated Supportive Living Family Experience Survey Report*.

- Access the [reports](#) now.



OHS 101 - Q&A

Each month, we answer one of your OHS questions. If you have a question, [contact us](#).

Question:

Does an employer need to apply for an acceptance to identify RNs as a first aider?

Answer:

Yes, employers must do this. Health care employers who want to provide in-house first aid training for registered nurses and registered psychiatric nurses to be recognized as standard first aiders, and licensed practical nurses to be recognized as emergency first aiders must apply for an acceptance. The link to the publication, Applying for an OHS acceptance and approval, is found at <https://open.alberta.ca/publications/li030-3>.



November is Fall Prevention Month

In Alberta, an average of 25 people are admitted to hospital each day due to falls.

How can you keep employees safe? Take the CCSA's [Muskuloskeletal Injury](#)

[Prevention courses](#). Our [YouTube channel](#) also has 14 different videos on preventing musculoskeletal injury. These one- to two-minute videos discuss proper technique for everything from assisting a fallen resident to lifting heavy items overhead.



Want to promote Fall Prevention Month? Visit the [Fall Prevention](#) website. You'll find free infographics, statistics, media tools and more to promote your initiatives.

How do you get COR certified?

A Certificate of Recognition (COR) is awarded to employers who have developed a health and safety program that meets certain standards. After earning a COR, you are eligible for industry rate refunds from WCB. CCSA can help you get there.

- Read more [here](#).



WBC Policy Updates

There are two updates you should be aware of:

- [Policy changes related to COVID-19](#) - captures the new supports for employers.
- [2020 Policy Project Plan](#) - a progress update is now available.

Find these and other updates on WCB's [What's new in policy?](#)

Latest issue of WorkSIGHT magazine

In case you missed it, here are the headlines from the [October 2020](#) edition:

- 2021 rate statements
- Get WCB Alberta's training-on-the-job program working for you
- Understanding the cause of your worker's injury

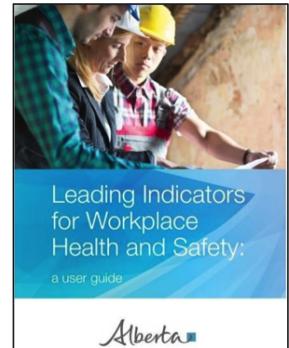
To subscribe to WCB Alberta's monthly WorkSIGHT magazine or to read the current issue, click [here](#).

Alberta Labour

Latest issue of OHS eNews

OHS has a variety of [useful resources](#) related to COVID-19. In the October 2020 edition of [OHS eNews](#), they announced:

- A new webinar on [hazard assessment and control](#).
- An updated version of [Leading indicators for workplace health and safety: A user guide](#).
- A webinar on [operating during a pandemic](#).



Mark your calendars!



November

- [CPR Awareness Month](#)
- [Family Violence Prevention Month](#)
- [Movember](#) (Men's Health Awareness)
- [Remembrance Day](#) – Nov. 11
- [Dilwali/Deepavali](#) – Nov. 14
- [Bullying Awareness Week](#) – Nov. 16-20
- [National Seniors' Safety Week](#) – Nov. 6-12

December

- [National Day of Remembrance and Action on Violence Against Women](#) – Dec. 6
- [Hanukkah](#) – Dec. 11-18
- [Christmas Day](#) – Dec. 25



CCSA has expanded the courses we can now deliver via instructor-led virtual training. We will continue to offer both classroom and virtual options as we move forward.

[Check out our course descriptions and schedules.](#)

SAFETY TRAINING

- Auditor Training
- Hazard Assessment & Control
- HS Committee / Rep
- Incident Investigation
- Musculoskeletal Injury Prevention Combo (SRH and MMH)
- Musculoskeletal Injury Prevention – Manual Materials Handling (MMH)
- Musculoskeletal Injury Prevention – Safe Resident Handling (SRH)
- OHSMS: Basics for Auditors
- Root Cause Analysis In-service
- Work Site Inspections

TRAIN-THE-TRAINER COURSES

- Manual Materials Handling (MMH) Train-the-Trainer
- Musculoskeletal Injury Prevention Combo (SRH & MMH) Train-the-Trainer
- Safe Resident Handling (SRH) Train-the-Trainer
- Hazard Assessment and Control Train-the-Trainer
- Work Site Inspections Train-the-Trainer
- Incident Investigation Train-the-Trainer

WORKPLACE VIOLENCE & AGGRESSION COURSES

- Harassment and Bullying in the Workplace In-service
- Managing Workplace Violence and Aggression
- Mental Health and Wellness In-service

SAFETY LEADERSHIP COURSES

- Safety Leadership Module 1: Intro to HS Leadership
- Safety Leadership Module 2: Leading Individual Safety Performance
- Safety Leadership Module 3: Effective Team Leadership

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