



## CCSA Newsletter | October 2020 Edition

*Hang in there! These are trying times on the frontline of health and community care. CCSA is actively working on your behalf to navigate this rapidly changing environment.*



## Hinshaw thanks continuing care workers

Dr. Hinshaw, Chief Medical Officer of Health, has recorded a short one-minute video for use in outbreak training sessions for continuing care staff. The message is one of thanks to the staff for all their hard work, and an acknowledgment of how difficult the past many months have been.

- [Watch the video now.](#)

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## Good News Story from Connecting Care

*Each month, we feature a good news story from one of our members.*

A few months after the COVID-19 pandemic hit Alberta, [Connecting Care](#) introduced the #Steps2MentalHealth event, a fun challenge to raise awareness about the mental health effects of the pandemic. In partnership with [Heka Health](#), a software company, they developed a custom app that tracks various activities, including steps. Feedback was overwhelmingly positive. People have lost weight, morale has improved, and deeper connections have been forged.

- See the full good news story [here](#).
- See [last month's](#) good news story about AgeCare.



Do you have a good news story? We want to hear it! Contact [CCSA](#).

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## Flu season is coming

With COVID-19 continuing to stress public health capacity, reducing the burden of influenza is especially important this fall and winter. You may find the following resources helpful as you plan and implement your seasonal influenza immunization program.

- [CCSA Resources – Influenza](#)
- [Government of Canada: Guidance for influenza vaccine delivery in the presence of COVID-19](#)
- [Government of Canada: Interim guidance on continuity of immunization programs during the COVID-19 pandemic](#)
- [Alberta Health Services: Influenza Immunization – Information for Health Professionals](#)
- [Alberta College of Pharmacy – Seasonal influenza information](#)

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## ASCHA and CCSA collaboration

Registration is now open for the next [ASCHA](#) and [CCSA](#) OHS Collaborative Member Discussion Forum, which will take place on November 19, 2020 at 10am via Zoom.

- [Register now](#).

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## What do you think of the new Integrated Health and Safety Toolkit?

This August, we introduced the new [Integrated Health and Safety Toolkit](#), designed to take you from newbie to full COR certification. What do you think of it? We're eager for feedback.

- Take a [short survey now](#).

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## OHS 101 - Q&A

Each month, we answer one of your OHS questions. If you have a question, [contact us](#).

**Question:**

- Regarding site-specific hazard assessments, how is the form used? Should it be used every time there is a new resident and/or when home care workers go to client's homes?



**Answer:**

- Site-specific hazard assessments are not intended to be conducted every time there is a new resident or when a home care worker goes to their client's home. However, it may be necessary if:
  - The new resident has different/unique needs that present a risk to the employees – e.g. the first bariatric resident.
  - It's a new home care client or it's a different worker.

Employers should clearly identify when a site-specific hazard assessment is required and which form must be used (if there are different processes for resident vs. non-resident scenarios).

**Key points**

- The employer's site-specific hazard assessment policy and procedure must clearly define when they are required and how they must be done.
- All employees (managers, supervisors and workers) must be trained on the policy and procedure.
- Managers and supervisors must ensure they are done when required.
- Results must be communicated to all affected employees and added to the formal hazard assessment(s), if applicable.

Learn more about [site-specific hazard assessments](#).

## **CCSA Industry Advisory Council looking for members**

*Are you interested in taking an active role in the future direction of safety in continuing care?*

We are looking for two to three interested individuals representing the diversity of the continuing care sector from large, medium and small organizations across Alberta operating in WCB Industry Codes 82800 and 82808 (Seniors' Supportive Living and Long-Term Care) to join the IAC.

### **What is the Industry Advisory Council (IAC)?**

- Purpose: The IAC provides input and feedback, collaborates and shares information to inform activities of the CCSA and improve overall health and safety within the continuing care sector.
- Vision: The IAC is based on the premise that when the CCSA and its membership work together, the human and financial costs of workplace injuries and illness within the continuing care industry sectors will be reduced.
- Mission: The mission of the IAC is to support and advance the continuing care occupational health and safety system.

### **What are the IAC's three priorities for 2020-2021?**

### 1. Member Engagement/Employer Outreach Sub-committee

Purpose: Connect and discuss topics, and seek opportunities to connect continuing care members with each other and with the CCSA.

### 2. Training and Program Delivery/Curriculum/Subject Matter Content Sub-committee

Purpose: Connect and discuss emerging trends, share best practices, identify industry-specific OHS questions, and provide input on training programs to ensure CCSA continues to meet the needs of the continuing care industry.

### 3. Certificate of Recognition/Audit Sub-committee

Purpose: Connect and discuss the certificate of recognition program, share best practices, and identify industry-specific barriers to COR program success and participation.



## September issue of the WorkSIGHT Magazine

In case you missed it, here are the headlines from the [September 2020](#) edition:

- COVID-19 update - New cost relief measures for employers
- WCB Alberta is now on Twitter
- Learn how the Canadian Emergency Wage Subsidy impacts WCB premiums
- WCB Alberta's seminars and workshops are available online

To subscribe to WCB Alberta's monthly WorkSIGHT Magazine or to review past newsletter issues click [here](#).



## New COVID-19 bulletin on return to work and deconditioning

COVID-19 forced many work sites to temporarily shut down. As they reopen and people return to work, deconditioning may be a factor – e.g. decreased fitness. Check out the CCSA website for a new Alberta Labour bulletin about helping workers stay free of injuries when they return.

- Read [Return to work site and deconditioning](#).

# Mark your calendars!



## October

- [Occupational Therapy Month](#)
- [International Day of Older Persons](#) - Oct. 1
- [Mental Illness Awareness Week](#) - Oct 4-10
- [World Mental Health Day](#) - Oct 10
- [Health Care Aide Day](#) - Oct. 18

## November

- [November](#)
- [Fall Prevention Month](#)



Check out the latest courses offered by the CCSA, including:

## CCSA courses are going virtual!

CCSA has expanded the courses we can now deliver via instructor-led virtual training. We will continue to offer both classroom and instructor-led virtual options as we move forward.

To learn more, click [here](#).

### SAFETY TRAINING

- [Auditor Training](#)
- [Hazard Assessment & Control](#)
- [HS Committee / Rep](#)
- [Incident Investigation](#)

### TRAIN-THE-TRAINER COURSES

- Manual Materials Handling (MMH) Train-the-Trainer
- Musculoskeletal Injury Prevention Train-the-Trainer Combo (SRH & MMH)

- [Musculoskeletal Injury Prevention Combo \(SRH and MMH\)](#)
- [Musculoskeletal Injury Prevention – Manual Materials Handling \(MMH\)](#)
- [Musculoskeletal Injury Prevention – Safe Resident Handling \(SRH\)](#)
- [OHSMS: Basics for Auditors](#)
- [Root Cause Analysis In-service](#)
- [Work Site Inspections](#)

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## SAFETY LEADERSHIP COURSES

- [Safety Leadership Module 1: Intro to HS Leadership](#)
- [Safety Leadership Module 2: Leading Individual Safety Performance](#)
- [Safety Leadership Module 3: Effective Team Leadership](#)

- Safe Resident Handling (SRH) Train-the-Trainer

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## WORKPLACE VIOLENCE & AGGRESSION COURSES

- [Harassment and Bullying in the Workplace In-service](#)
- [Managing Workplace Violence and Aggression](#)
- [Mental Health and Wellness In-service](#)



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