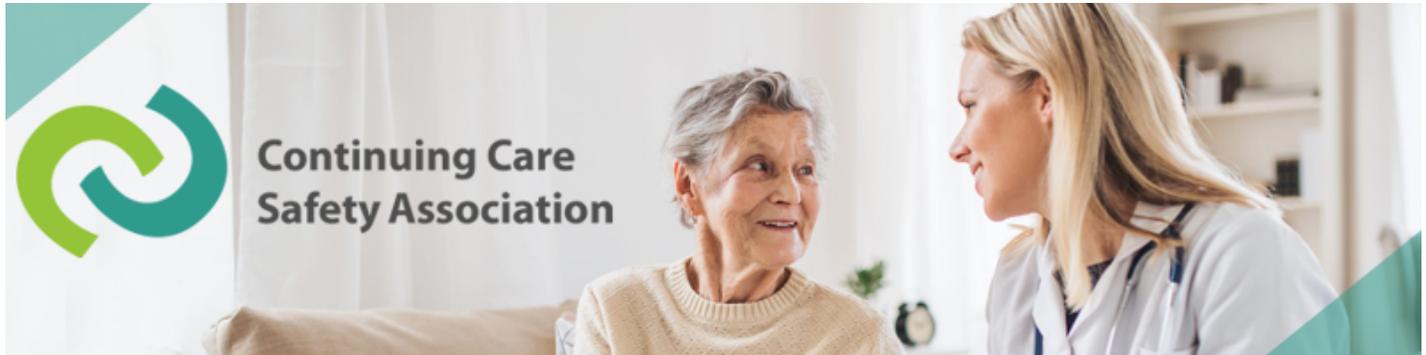
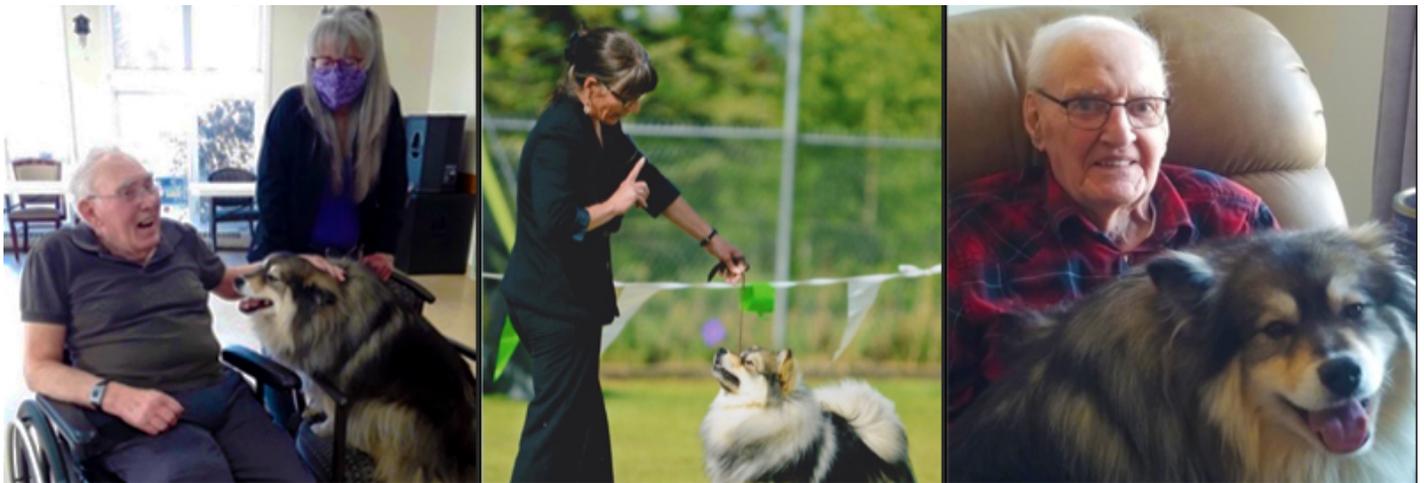


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## CCSA Newsletter | August 2021 Edition



### Good News Story

*Each month, we feature a good news story from our members.*

Find out how Boon, the Finnish Lapphund/furry therapist, has been keeping spirits high during COVID at [Lac St. Anne Foundation](#).

- Read more [here](#).

Do you have a good news story? We'd love to share it. Contact [CCSA](#).

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### Three new videos in the series: Workers' Health and Safety Essentials

Not long ago, we introduced you to a new videos series we developed that walks frontline workers through key health and safety essentials. Guess what? We've developed three more videos! New topics include: Worksite inspections, Incident investigations and Emergency responses.

- [Register now](#). They're free!

## Are you ready for your COR audit?

Alberta has opened up for business, restrictions have eased, and Albertans are taking vacations. But do you have that nagging feeling like you have forgotten something? Maybe it's your COR audit! Don't worry, there's still time.



- Here are [a few reminders to help you get organized](#).

## CCSA Safety Campaign: Summer Safety

Hot summer days are a welcome change from our long winters, but they can be a challenge. Chronic medical conditions and some medications can alter the elderly's response to the heat. Workers who spent time outdoors are also at risk. In this month's safety campaign, we talk about heat, bugs and sunburns, and what to do about them.



- Check out these [CCSA resources](#).
- OHS Alberta has a [downloadable infographic](#) about working in extreme heat.

## Maintaining Mental Fitness Season 2

The [Maintaining Mental Fitness](#) series is covering the following topics over the coming months:

- Episode 8 – Aug 17, 2021 – Halting self-doubt
- Episode 9 – Aug 31, 2021 – Tips for unplugging from work
- Episode 10 – Sept 14, 2021 – Tossing social rejection

Each webinar starts at 10 a.m. (MST) and features a 15-minute overview of a practical micro-skill, followed by a short Q&A.



- Learn more [here](#).

## Latest issue of WorkSIGHT magazine

In case you missed it, here are the headlines from the [July 2021 edition](#) of WorkSIGHT, WCB-Alberta's e-newsletter.

- The [Advisor Office](#) is a new Government of Alberta program that offers advice and advocacy services regarding workers' compensation matters.
- Learn how to support a safe and timely return to work for a worker coping with a psychological injury with the new [Psychological injuries in the workplace webinar](#).
- The 1-2-3 poster has been updated to reflect [recent changes in legislation](#) that came into effect in January and April of 2021.

To subscribe to WCB Alberta's monthly WorkSIGHT magazine or to read the current issue, click [here](#).



## Latest issue of OHS eNews

Here are the highlights of the [July 2021 edition](#) of OHS eNews:

- To be ready for [Alberta's Open for Summer Plan](#), Stage 3, OHS has updated their COVID-19 resources.
- An [employer's toolkit for vaccination](#) is now available.
- Site-specific hazard assessments can include wildfire activity.
- The Canadian Safety Association is doing research into psychological health & safety response during COVID-19. You are invited to participate in the [online survey](#) if you play an active role in your organization's mental health strategy or psychological health and safety management system.

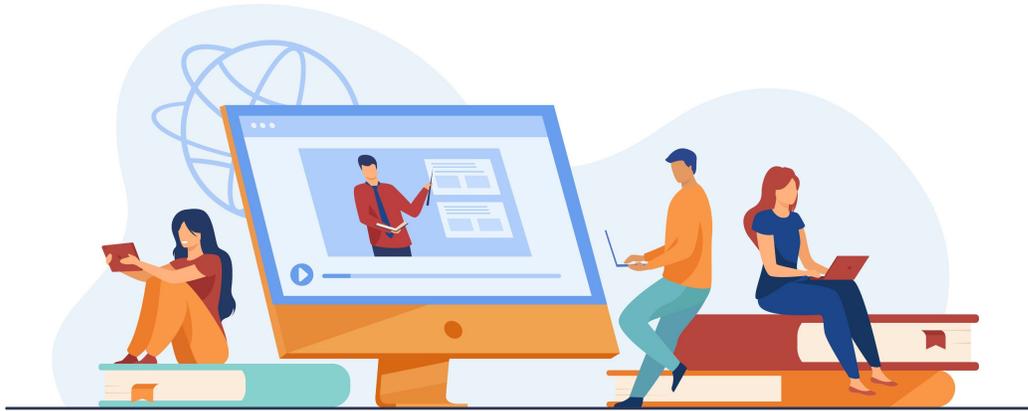


### August

- [National Immunization Awareness Month](#)

### September

- [World Alzheimer's Month](#)
- [Terry Fox Run](#) – September 19
- [World Suicide Prevention Day](#) – September 10



## Check out CCSA's Latest Courses

CCSA continues to offer instructor-led virtual training and can now accommodate classroom sessions.

- [Check out our course descriptions and schedules](#)
- Did you know that the CCSA is continuing to add more [FREE webinars](#)? Check out our latest offerings!



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