

HEALTHY WORKPLACE | OCTOBER SAFETY SEGMENTS

ALTERNATE RESOURCE: IMMUNIZATION AWARENESS

This resource is created to remind staff that immunizations are important in order to protect the health of all Albertans.

DIRECTIONS

Print out or share an electronic copy of the "[Immunization and Common Questions About Influenza](#)". Give each staff member 5 - 10 minutes to read. After everyone is done, use the guiding questions to facilitate a group discussion.

SAFETY SEGMENT DISCUSSION

Guiding Questions:

- Why is immunization important?
- How can you get immunized in Alberta?
- How can you protect yourself and others?
- Can you get influenza from the flu vaccine?

Alternate Activity:

Instead of the handouts, you can watch a [short video](#) about if you could see viruses.

What is the overall goal of vaccines?

