



Continuing Care Safety Association

September Health & Safety Minute

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Safety Campaign: Alzheimer's Month

September is Alzheimer's Month and we know how challenging it can be--physically and mentally--to provide care for our residents with Alzheimer's or dementia.

Friendly reminder? **Always look out for yourself, stop for a moment and assess!** If you're looking for a sign to revisit some safety guidelines and self-care tips, then this is it!



[Read more](#)

Safety Segments: Violence and Harassment

Safety Segments offer information and resources that you can use during safety huddles, team meetings, etc. The discussion guide pulls everything together.

Violence and harassment in the workplace? Stop it. Prevent it. Don't tolerate it. Because everyone (and we mean, EVERYONE!) deserves to work in a safe place. This month's Safety Segment aims to help facilitators lead discussions on workplace violence and harassment.



[Read more](#)

Lift of the Month: MIP Techniques - Boosting a Resident Safely

One of the high-risk activities of workers in continuing care and senior supportive living is moving residents to a better position by boosting them in bed. This action increases the risk of an injury to the shoulders or back by leaning or by overusing the arms.

In this video, there are some good demonstrations on how to properly boost a resident in their bed to minimize the risk of injury.



2022 CCSA Stakeholder Survey launches on September 19...and we want to hear from YOU!



Once every two years, CCSA sends out a survey to reconnect with and gather valuable insights from all our stakeholders. As we constantly strive to enhance our services, your experience and feedback are critical information that help us determine the areas we can improve on.

WATCH OUT for the e-blast on **SEPTEMBER 19** and get the chance to win these awesome prizes:

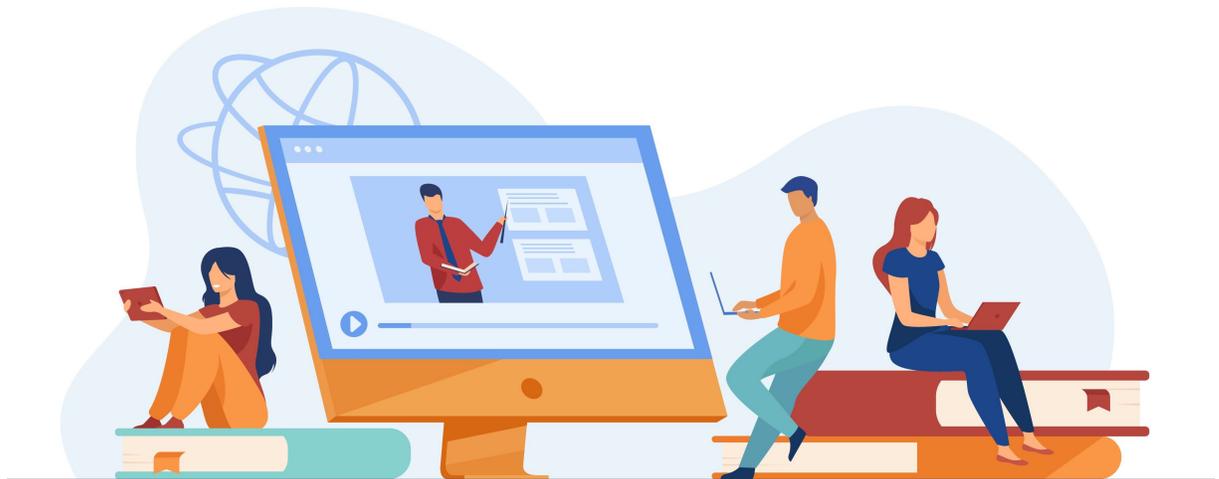
- CCSA-sponsored coffee break for your group for up to \$150;
- Full-day Health and Safety Program Review by CCSA; and
- \$25 coffee card

Staff Profile: Meet Kristi-Lee Newton



Since 2011, Kristi-Lee has been bringing health and safety topics to life as a Health & Safety Consultant with CCSA. In her spare time, she loves a good whodunnit – a mystery aching to be solved through outstanding detective work. She brings this same curiosity and tenaciousness to her job. She loves helping members figure out where gaps in their health and safety program may be lurking. Once exposed, they don't stand a chance! Kristi-Lee works hand-in-hand with the client to solve them. She's not perfect though. She has a secret passion for cute wrapping paper – and it has become a bit of an obsession. Oh, and did we mention that she's a pen snob? Yup, she can't pass a good pen without whipping out her credit card. Sheesh. Some people really have issues.

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Check out CCSA's Latest Courses

CCSA continues to offer instructor-led virtual training and can now accommodate classroom sessions.

- [Check out our course descriptions and schedules](#)
- Did you know that the CCSA is continuing to add more [FREE webinars](#)? Check out our latest offerings!



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