

SAFETY TALKS INCIDENT PREVENTION

In a perfect world, workplaces would be incident-free. Sadly the reality is that no matter how careful we are, sometimes incidents simply happen. However, this isn't an excuse to slack off or engage in defeatism. On the contrary, we should constantly be on the lookout and make sure that we are doing everything we can to mitigate risks in the workplace.

Common causes of incidents in the workplace:*

- Workload (overload)
- Inadequate time to complete tasks
- Skills do not match job demands
- Shiftwork/long hours
- Workplace complacency
- Lack of training
- Use of faulty equipment
- Ignoring safety signs, signals, and warning signs

Prevention

Finally, this may seem like a basic step but understanding which risks are inherent to your workplace is a crucial part of accident prevention. The same rules cannot be applied across the board. Stepping up inspections of sites and equipment is also a great way to keep track of potential dangers as well as areas of improvement.



1
Follow instructions



2
Use and wear PPE correctly



3
Don't use faulty equipment



4
Recognize signs



5
Report to Someone