

WORKPLACE COMPLACENCY SAFETY SEGMENTS



Complacency occurs in every workplace and individual complacency will differ. Complacency can be defined as self-satisfaction with yourself and your own abilities, especially when accompanied by a lack of awareness of present dangers or process deficiencies. Most jobs are repetitive, and gradually people can take things for granted, in their daily work. This can lead to health and safety risks to themselves and their colleagues.

INTERNAL & EXTERNAL FACTORS

DIRECTIONS

Start the discussion by setting the expectations for creating a safe space and respecting everyone's feedback. Please print out the following [infographic](#) and give each staff member 5 minutes to read it. After everyone is done, use the guiding questions to facilitate a group discussion

SAFETY SEGMENT DISCUSSION

Guiding Questions:

- Why is it important to address complacency?
- What are the external factors that contribute to complacency?
- What are some internal factors that contribute to complacency?

Alternative Activity:

Instead of the handouts, you can watch this [video](#).

What are the key points to remember

- Complacency can lead to serious incidents
- Complacency can lead to frequent near misses
- Know what factors may be attributed to complacency and how to prevent it



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