

JUNE SAFETY SEGMENTS: SITUATIONAL AWARENESS



Situational awareness is the perception of the elements in the environment, then understanding their impact on your safety and the safety of others. Developing situational awareness as a skill will determine how well you will react to preserve that safety.

PSYCHOLOGICAL HEALTH AND SAFETY FACTOR: PROTECTION OF PHYSICAL SAFETY

DIRECTIONS

Be sure to encourage discussion by being open to all answers and opinions from participants. Watch the 4-minute video with the group about [The National Standard - Protection of Physical Safety](#). Read out the definition and facilitate the discussion by following the guide below:

SAFETY SEGMENT DISCUSSION

The Agenda defines the Protection of Physical Safety as present in a work environment where management takes appropriate action to protect the physical safety of employees. Appropriate actions may include: a policy to protect workers' physical safety, training in safety-related protocols, a rapid and appropriate response to physical accidents or unsafe situations, and clearly demonstrated concern for employees' physical safety.

Questions to ask after watching the video:

1. Think of a time when you did not feel physically safe. How did you address this safety issue while respecting everyone involved?
2. What does a physically safe workplace look like? What are some ways that employees can ensure their physical well-being at work? How can workplaces make sure that their employees feel safe from physical harm at work?
3. What could have been done differently in the scenario with Ayesha and her supervisor?
4. What are some strategies to help YOUR workplace ensure overall physical safety in the workplace?
5. Write down different ways that YOU can ensure your own physical safety in the workplace.

Go the extra mile!

You can prepare for this topic, get more resources and read more [here](#).



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