

JUNE SAFETY SEGMENTS: SITUATIONAL AWARENESS



Situational awareness is the perception of the elements in the environment and understanding their impact on your safety, and the safety of others. Developing situational awareness as a skill will determine how well you will react to preserve that safety.

HOW TO EXERCISE YOUR SITUATIONAL AWARENESS

We all can be lulled into a false sense of security when our surroundings appear safe and non-threatening. However, if you were to ask anyone injured in the workplace they will all tell you they did not see the hazard in time or felt it was less of a threat than it actually was.

DIRECTIONS

Watch the short video on [Situational Awareness At Work](#) and guide your group through the questions. Then review the three basic principles:

1. Avoid distractions like listening to music with ear pods or looking at your phone
2. Scan the environment before beginning your tasks
3. Focus both on the task but also the environment by stopping and scanning for changes

SAFETY SEGMENT DISCUSSION

Guiding Questions:

- Can you provide some examples of things or activities that may take away from your situational awareness?
- Have you ever completed a task but don't recall starting it? Or worse some of the drive to work?
- What are some of the tasks where you can practice relaxed awareness? Focused awareness?
- What can supervisors do to encourage the reporting of safety concerns and hazards?



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