



Continuing Care Safety Association

May Health & Safety Minute

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New Learning Management System (LMS) - SOFT LAUNCH!



3,2,1... Check out the Soft Launch of our new LMS! The wait is finally over! For a limited time only, the **Health and Safety Committee/Representative Training** is being offered for **FREE!** Register now to see what courses we have to offer and stay tuned for upcoming courses being added to the LMS.

We will continue to polish and improve the system as we move forward. Click on the button below to learn how to register.

Coming Soon! Psychological Health and Safety Program: The Working Mind for LTC Workers

We're excited to announce that we are working on our Psychological Health and Safety Program. We will soon be offering [The Working Mind Course](#), an evidence-based program designed to promote mental health and reduce the stigma around mental illness in the workplace.

The Working Mind (TWM) is part of the Opening Minds initiative, managed by the Mental Health Commission of Canada (MHCC). It has been adapted to fit the general workplace audience and for LTC frontline workers who have been deeply impacted by COVID-19.



CCSA Safety Bytes: The Mental Health Impacts of WORKING ALONE!

And some tips...

The CCSA Safety Bytes are short "byte-sized" videos about safety topics and tips that will help increase awareness and skills for our members. Stay tuned for a different topic every month!

Regardless of worker occupations or the duties and tasks being performed, working alone in any setting has associated hazards. In most cases, the hazards that come to our minds are physical in nature. Watch the video and please leave a comment with your thoughts.





Safety Segments: Workplace Complacency

Safety Segments offer information and resources you can use during safety huddles, team meetings, etc. The discussion guide pulls everything together.

Do you know that complacency occurs in every workplace? Complacency can be defined as self-satisfaction with yourself and your own abilities, accompanied by a lack of awareness of present dangers or process deficiencies. This could lead to workplace injuries and incidents. Learn more and use our safety segments to create awareness with staff.



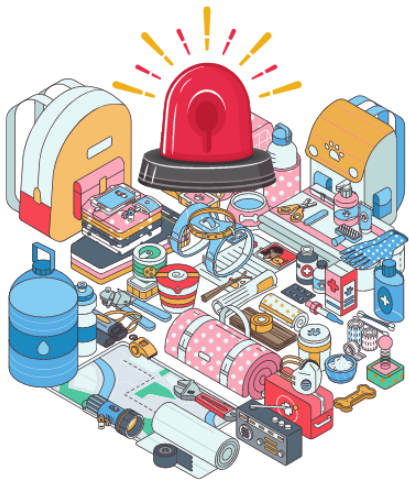
[Learn more](#)

Safety Campaign: Emergency Preparedness

Emergency Preparedness Week is May 7 -13.

The campaign theme is **Build Preparedness Habits**.

Across Canada, we face a number of hazards, which can vary from region to region. Knowing what to do is an important part of being prepared. Find out about risks in your region and how to prepare for different situations.



This is a chance for leaders to teach about things staff can do to prepare for an emergency. Use and share the CCSA resources and the EP Week Toolkit to help prepare for local hazards.

[Read more](#)

Staff Profile: Nataliia Hontar

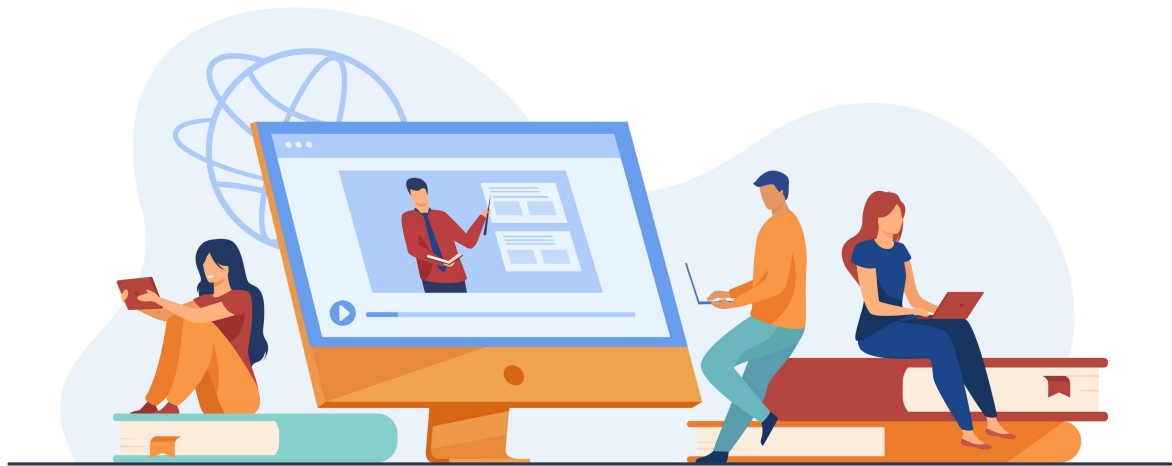
The freshest face off the boat and within the CCSA team, Natalia, has just arrived in her dream country, Canada. She has been to 16 countries so far and dreams of traveling to every country in the world. No wonder she has a Master's in Geography! With previous experience as a Project Marketing Coordinator, she's now our Administrative and Communications Coordinator and assists the CCSA in ensuring members receive timely information, news, and updates through our communication channels. That explains her favorite catchphrase, "Every situation has a solution and time is the greatest teacher." Nataliia spends her precious time off work with her family and you'll catch her watching or reading her favorite detective and fantasy shows and stories.



We want to hear from you! New Member of the Month Section

Think of it as free publicity... We want to **feature ONE CCSA member** in the Health and Safety Minute every month and in our social media channels! Because we value YOU and the great work that you do, allow us to help share the good news, programs, and advocacies of your organization across the industry. And most of all, we want to share good safety practices within our community.

[Contact us](#) NOW and sub/mit your profile and stories.



Check out CCSA's Latest Courses

CCSA continues to offer instructor-led virtual training and can now accommodate classroom sessions.

- [Check out our course descriptions and schedules](#)
- Did you know that the CCSA is continuing to add more [FREE webinars](#)? Check out our latest offerings!



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