



Continuing Care Safety Association

June Health & Safety Minute

In this month's edition...

- [Last Call! The Working Mind LTC Workshop](#)
- [REMINDER! Continuing Care Inspection Program is Ongoing!](#)
- [June Summer Safety Campaign: Stay Safe & Healthy in the Heat](#)
- [Safety Segments: Situational Awareness](#)
- [CCSA Safety Bytes: Personal Safety and Security at Work - Situational Awareness](#)
- [Member of the Month: Westwinds Communities](#)
- [Alberta Seniors Week! June 5-11, 2023](#)
- [Wildfire and Air Quality in Alberta](#)

Last Call! The Working Mind LTC Workshop

You still have a chance to join the largest systematic effort in Canadian history focused on reducing the stigma of mental illness.

Participants will gain practical knowledge on how to start trauma-informed conversations about mental health to create a supportive workplace. Through group activities and discussions, participants will learn how to support colleagues by reducing stigma around mental health, maintain self-care, and improve their resilience.



Registration is closing soon:

REMINDER! Continuing Care Inspection Program is Ongoing!



Each year, OHS proactively inspects employers to monitor compliance with legislation. The [OHS Proactive Inspection Program](#) started in **April 2023 and will run until December 2024.**

The program will inspect seniors' supportive living and lodges, home support services, and continuing care facilities. Specific focus areas are musculoskeletal disorders, exposure to harmful substances, personal protective equipment, violence and harassment, and recent OHS code changes in First Aid and PPE.

June Summer Safety Campaign: Stay Safe & Healthy in the Heat



Summer months in Alberta mean more outdoor activities, especially after the long winter months! Therefore, summer is no time to get careless with safety. As we become more active and spend more time in the sun where there are specific hazards that we need to be aware of. Read more and check our summer safety resources.

[Read more](#)

Safety Segments: Situational Awareness

Situational awareness is the perception of the elements in the environment, then understanding their impact on your safety and the safety of others. Developing situational awareness as a skill will determine how well you will react to preserve that safety.

Safety Segments offer information and resources you can use during safety huddles, team meetings, etc. The discussion guide pulls everything together.



[Learn more](#)

CCSA Safety Bytes: Personal Safety and Security at Work - Situational Awareness

Let's think about situational awareness at work. Often, we get into a sense of routine, and we drop our guard and tend to ignore emerging hazards we perceive as inconsequential, or even worse we don't pay attention to our surroundings at all. In this video, we are going to have a look at a common situation that shows how situational awareness can help keep you safe.



Member of the Month: Westwinds Communities



[Westwinds Communities](#) is a non-profit supportive living and affordable housing operator located south of Calgary in the beautiful Foothills Region. **Westwinds has 95 employees and has maintained a Health and Safety Certificate of Recognition for over 25 years.**

Val Scott, Health and Safety Coordinator at Westwinds Communities wrote, "We work hard to instill health and safety into our workplace and it's an integral part of our culture." Read more to see what their health and safety initiatives look like for 2023.

Do you want to be the next featured member for our Member of the Month Series?

[Contact us](#) NOW and sub/mit your profile and stories.

[Read More](#)

Alberta Seniors Week! June 5-11, 2023



In Alberta, [Seniors' Week](#) is celebrated every year from June 5 to 11, 2023, as a way to honor and recognize the valuable contributions that older adults make to our communities. Every year, various communities in Alberta celebrate Seniors' Week by officially declaring it and [organizing local events](#).

How will your organization celebrate Seniors' Week 2023?

Wildfire and Air Quality in Alberta

CCSA continues to update important resources to help our members receive the most up-to-date information for keeping workers, employers, and their families safe during summer:

- [WILDFIRE AND AIR QUALITY RESOURCES](#)



Our mailing address is:

#110, 6325 Gateway Boulevard
Edmonton AB T6H 5H6 Canada

Want to change how you receive these emails?

You can [update your preferences](#) or [unsubscribe from this list](#).