



One thing that we know about life is that everyone gets older and that means workers in the workforce age. With individuals tending to stay in the workforce longer that has led to the 'aging workforce' concept. How do we define the age at which a worker becomes part of the 'aging workforce'? While there is no commonly recognized age that researchers have set as the age. Research articles have cited ages ranging from 40 to as old as 65; however, 55 is used by many as the age.

# 'AGING WORKFORCE'

#### **DIRECTIONS**

Before you begin this discussion, set the expectations for a safe space that is respectful of everyone's feedback. You will need to print out a copy of Canada's Aging Workforce. Hand out the poster and allow staff a couple of minutes to read over. While the staff is reading over the poster read the above statement describing the aging workforce. Facilitate a team discussion using the following guiding questions.

### SAFETY SEGMENT DISCUSSION

## **Guiding Questions:**

- How many of the staff would be included within this age bracket?
- How do they feel about that?
- Why would it be important that we discuss this?
- What implications can this have in the work that you or your team do?

#### Notes to the Team Leader:

 Facilitate an atmosphere of support and openness to feedback by encouraging the staff to share experiences or opinions without fear of reprisal.











