

# July Health & Safety Minute

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## Win a 2-Day All-Expenses Paid Trip to the Conference in Kelowna, B.C.



We are excited to inform you that this year CCSA is one of the event partners of the Hearts & Hands Conference in Kelowna, B.C. happening on October 27th, 2023.

We want to acknowledge the most innovative, proactive, and knowledgeable Health Care Aids who are "Health and Safety Stars" in your organization. Give your nominees a chance to win a 2-day all-expenses paid trip\* to Kelowna.

This is a great chance to show your health care aides that

you appreciate them and recognize their efforts in building and sustaining an exceptional Health and Safety culture!

### **CCSA Safety Bytes: The Power Position with Woody**

The CCSA Safety Bytes are short "byte-sized" videos about safety topics and tips that will help increase awareness and skills for our members. Stay tuned for a different topic every month!

Due to the prevalence of musculoskeletal injuries, Musculoskeletal Injury Prevention training should be considered one of the most important hazard controls that an organization can implement. Join Woody in his journey to discover the "Power Position".





### **Safety Segments: Hazard Assessment & Reporting**

Safety Segments offer information and resources you can use during safety huddles, team meetings, etc. The discussion guide pulls everything together.

The Alberta legislation states that a hazard is a "situation, condition, or thing, that may be dangerous to the health and safety of workers." With the help of hazard assessments, we can build a healthier and much safer workplace. This process provides the workplace with an opportunity to prevent injuries and illnesses by identifying any hazards and implementing appropriate controls.



### Safety Campaign: Self-Care



Self-Care is not just a cliché. We need it this year more than ever.

With the current climate and ongoing challenges, we not only need to
do it for ourselves... It is also important that we encourage each
other to do it.

Working in our industry, we know we should take care of ourselves in order to provide safe and quality care to our residents.

To learn more, check out our resources about the importance of self-care in our industry.

**Read more** 

### **Cognitive-Psychosocial Job Demands Analysis Pilot**



The <u>Industry Task Force (ITF) Association</u>'s Psychological Injury Working Group (PIWG) and WCB-Alberta are moving forward with a pilot of the <u>Cognitive-Psychosocial Job Demands Analysis</u> form. This pilot is open to ITF members and CCSA members.

WCB-Alberta is seeking feedback if this form is useful, and if there is unclear wording or other information that could be added. Send any comments or suggestions on <a href="mailto:the-form">the form</a> or the process to Lee-Anne <a href="mailto:lmorkin@ab-ccsa.ca">lmorkin@ab-ccsa.ca</a>, to be consolidated. Feedback from the pilot will be useful in determining future rollouts to Alberta employers. Your input is greatly appreciated.

**Participate** 

**Staff Profile: Faye Gerrard** 

Meet Faye - She comes from a long line of nurses and has always been passionate about people-centred care. Although she started out studying Nursing in 2013, she eventually found her way to management and HR fields, before finally landing in Occupational Health & Safety. With a background in OHS education, different roles in health and safety sectors, and a passion for helping others, Faye is the perfect fit for the COR Coordinator role, where she supports all CCSA COR programs. And when she's not working, you can find her kickboxing or watching UFC - she's a force to be reckoned with! Faye lives by the motto "Don't be a grey cloud when there's none in the sky" - and it's clear she brings that positive energy to everything she does.



#### **Bulk Purchasing Feature Added to LMS!**



The <u>LMS</u> now has the ability to allow <u>bulk purchasing</u>. What does this mean? If you are an Educator, or coordinating training for your site or multiple sites, such as a Training Administrator, <u>this feature</u> will give you the ability to purchase bulk licenses, assign workshops and courses to your workers, and see their progress!

Should you have concerns or questions about how to use the bulk purchasing feature, please reach out to the CCSA Training team at ohs@ab-ccsa.ca. We're here to help!

### **Understanding the Request for Review and Appeals System at WCB**



We hope you enjoyed your experience and learned valuable insights about Request for Review and Appeals System at WCB from Industry Specialist, Kim Bartch. on June 14, 2023.

You can find the recording, main highlights, and related resources by clicking <u>here</u>. Be sure to sign up for the next CCSA, <u>ACCA</u>, and <u>ASCHA</u> collaborative sessions: <u>September 12, 2023 and November 15, 2023.</u>



## **Check out CCSA's Latest Courses**

CCSA continues to offer instructor-led virtual training and can now accommodate classroom sessions.

#### Check out our course descriptions and schedules

Did you know that the CCSA is continuing to add more <u>FREE On-Demand webinars</u>? Check out our latest offerings!













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