



# Continuing Care Safety Association

## August Health & Safety Minute

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## Safety Campaign: Know Your Resident

 Continuing Care  
Safety Association

**KNOW YOUR RESIDENT**

- ✓ Medications
- ✓ Lifestyle Preferences
- ✓ Mobility Challenges
- ✓ Close Family Members
- ✓ Dietary Preferences

**Caregiver Safety = Resident Safety**

One of the unique and wonderful things about working in continuing care is the opportunity to develop rich relationships with residents, and truly get to know them as unique individuals with fascinating histories. In addition, the resident's needs and state can change day to day or even

hour to hour. Asking specific questions to determine how they feel is not only important for the safety of the caregiver but also for the resident.

[Read more](#)

## Safety Segments: Age and the Workplace

*Safety Segments offer information and resources you can use during safety huddles, team meetings, etc. The discussion guide pulls everything together.*

Today's workforce is very structurally different than workforces of the past. One thing that we know is that workers are staying in the workforce longer. How do we address age in the workplace?



[Learn more](#)

## CCSA Safety Bytes: Performing a 2-Person Turn

*The CCSA Safety Bytes are short "byte-sized" videos about safety topics and tips that will help increase awareness and skills for our members. Stay tuned for a different topic every month!*

Soft tissue injuries are on the rise in the care industry. Using proper body mechanics is crucial in handling and moving residents. In the video, we demonstrate how to safely turn a resident and minimize the risk of injury to the worker and prevent unnecessary discomfort to the resident.



**Performing**

**The**

**2 Person**

**Turn**



## FIVE "Health & Safety Stars" Will Win a Sponsored Trip to the "Hearts & Hands" Conference in Kelowna, B.C.



Acknowledge the most innovative, proactive, and knowledgeable Health Care Aides who are the "[Health and Safety Stars](#)" in your organization. Give them a chance to win a 2-day all-expenses paid trip\* to the Hearts and Hands Conference happening on October 27th, 2023.

The Hearts and Hands Conference is the premier annual conference organized by SafeCare BC for health care aides with the goal to CELEBRATE, EDUCATE, AND INSPIRE.

Deadline: September 15, 2023.

[Nominate now](#)

## New On-Demand Courses: Vaccine Basics and Vaccine Basics for Leaders!

The [CCSA LMS](#) is a valuable resource that offers a wealth of on-demand courses and resources. Our team is continuously working on developing and creating new courses, so there's always something new waiting for you! These courses will help you understand how vaccines work, address some common questions, and give you the skills, tools, and resources to have well-informed, respectful conversations about vaccination in the workplace. [Start Learning Now!](#)



### Vaccine Basics

Topics include:



### Vaccine Basics for Leaders

Topics include:

- Different types of immunity
- Community protection (also known as herd immunity)
- Managing common side effects
- Demonstrate a non-judgemental, non-argumentative approach with people who are vaccine-hesitant to build mutually respectful relationships

[Member Access - \\$20.00](#)

[Non-Member Access - \\$48.00](#)

- Different types of immunity
- Community protection (also known as herd immunity)
- Managing common side effects
- Motivational Interviewing
- Use reflective listening skills to establish a safe, non-judgemental environment to talk about vaccine hesitancy with less resistance.

[Member Access - \\$20.00](#)

[Non-Member Access - \\$48.00](#)

## CCSA has signed the Declaration of Commitment to Psychological Health and Safety.

As signatories of the [Declaration of Commitment to Psychological Health and Safety in Healthcare](#), we have created a new **Psychological Health and Safety Program Page**, which aligns with the principles of the [National Standard for Psychological Health and Safety in the Workplace](#). We aim to be leaders and champions for advancing workplace psychological health and safety for our members by providing tools and resources to build and enhance their Psychological Health and Safety Management Systems.



Committed to  
**PSYCHOLOGICAL  
HEALTH & SAFETY**  
in Healthcare 

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## Become CCSA's Member of the Month!

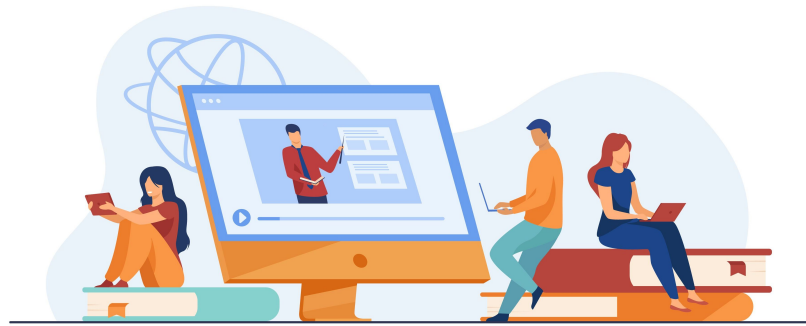


SCAN ME

We want to **feature ONE CCSA member** in the Health and Safety Minute every month and on our enewsletter and social media channels! Because we value YOU and the great work that you do, allow us to help share the good news, programs, and advocacies of your organization across the industry. And most of all, we want to share good safety practices within our community.

Submit your profile and stories by filling out the [online form](#).





## Check out CCSA's Latest Courses

CCSA continues to offer instructor-led virtual training and can now accommodate classroom sessions.

[Check out our course descriptions and schedules](#)

Did you know that the CCSA is continuing to add more [FREE On-Demand webinars](#)? Check out our latest offerings!



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