

Steps to Put On (Don) Personal Protective Equipment





HAND HYGIENE

*rub/scrub for at least 15 seconds



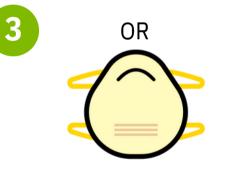
GOWN

Securely fasten gown at the neck, waist and back using all ties/velcro provided Must fully cover back and arms to wrists



MASK

Secure elastics around ears or secure with ties Place mask over nose & expand to fit under the chin Use both hands to mold the metal piece over nose



RESPIRATOR

Place on face and secure elastics around head and

neck

Use both hands to mold the metal piece over nose Check seal



GOGGLES or FACE SHIELD

GLOVES

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Adapted from Saskatchewan Health Authority "Donning PPE Equipment"