

Continuing Care Emergency Response Code Training

Code Blue Cardiac Arrest/Medical Emergency Exercise Catalogue

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Continuing Care Emergency Response Code Training

Code Blue Exercise – Visitor Fall

Purpose

To ensure your Continuing Care site has the ability to respond to Code Blue.

Scope

Site dependent – can include one or more departments/units within a site.

This exercise may be an orientation, drill, table top, functional or full scale but is limited to one facility.

Objectives

- To evaluate existing site Emergency Response Code Plans related to Code Blue
- To establish an Incident Command Post to manage the response
- To evaluate the ability to communicate the emergency within the facility
- To demonstrate the ability to maintain safety for staff, clients/patients and visitors during the incident

Narrative

Visitor:

There is a large amount of snow on the ground. Over the past few days temperatures have been well above zero with significant thawing. Last night (Friday) the temperature dropped and any water that may have pooled is now frozen.

An elderly lady in her mid-late 70s has parked her vehicle in the designated handicapped visitor parking. She is in close proximity to the facility entrance. As she nears the building she loses her balance on a patch of ice and falls to the cement. A young man comes running into the building. You are in close proximity to the door, wearing clothing that reflects you are part of the nursing staff have your site Identification tag displayed. He runs up to you. He is short of breath when informing you that “A lady fell on some ice and is lying on the ground...she is crying, please hurry, she needs help”. He runs back outside.

Continuing Care Emergency Response Code Training

Code Blue Exercise – Choking

Purpose

To ensure your Continuing Care site has the ability to respond to Code Blue.

Scope

Site dependant – can include one or more departments/units within a site.

This exercise may be an orientation, drill, table top, functional or full scale but is limited to one facility.

Objectives

- To evaluate existing site Emergency Response Code Plans related to Code Blue
- To establish an Incident Command Post to manage the response
- To evaluate the ability to communicate the emergency within the facility
- To demonstrate the ability to maintain safety for staff, clients/patients and visitors during the incident

Narrative

It is 1740 hrs, and the site dining area is busier than usual. There are several visitors and residents at tables throughout the room.

A family of four is also seated and eating with a resident of the facility. You observe a gentleman in his 40's at the table stand up and clutch his throats. His color is pale. He appears to be choking. A staff member in the area responds. You see him asking something and the person nods his head and then falls to the floor. The staff member yells "We need help here!"

Continuing Care Emergency Response Code Training

Code Blue Exercise – Pediatric Anaphylaxis

Purpose

To ensure your Continuing Care site has the ability to respond to Code Blue.

Scope

Site dependant – can include one or more departments/units within a Site/Service.

This exercise may be an orientation, drill, table top, functional or full scale but is limited to one facility.

Objectives

- To evaluate existing site Emergency Response Code Plans related to Code Blue
- To establish a Incident Command Post to manage the response
- To evaluate the ability to communicate the emergency within the facility
- To demonstrate the ability to maintain safety for staff, clients/patients and visitors during the incident

Narrative

A family with three young children is visiting their grandmother who is a resident of your site. The mother reports that her two year old has a bad peanut allergy and was accidentally given a snack with peanuts. The child's father comes running to the nursing desk and tells you to call an ambulance while pointing down towards the end of the ward. You are the unit supervisor and see the child down the hallway with pale skin and having significant difficulty breathing.

Continuing Care Emergency Response Code Training

Code Blue Exercise –No Response

Purpose

To ensure your Continuing Care site has the ability to respond to Code Blue.

Scope

Site dependant – can include one or more departments/units within a Site/Service.

This exercise may be an orientation, drill, table top, functional or full scale but is limited to one facility.

Objectives

- To evaluate existing site Emergency Response Code Plans related to Code Blue
- To establish an Incident Command Post to manage the response
- To evaluate the ability to communicate the emergency within the facility
- To demonstrate the ability to maintain safety for staff, clients/patients and visitors during the incident

Narrative

You are working the night shift and are five minutes into your rounds. You bring medication to Mr. Smith who is notoriously known for teasing and flirting with female nursing staff. You enter his room; he is lying on his bed, facing the wall. You call out his name. He does not respond to you. You try waking him by placing your hand on his shoulder and calling his name again. He does not respond. You discover that he is not breathing. You call out for help and grab the basic airway kit mounted on the wall in the hallway. You provide rescue breaths and check for radial and/or carotid pulse. Both are absent. A colleague responds to the room and asks “What’s the matter?”

Continuing Care Emergency Response Code Training

Code Blue Exercise –Contractor Fall

Purpose

To ensure your Continuing Care site has the ability to respond to Code Blue.

Scope

Site dependant – can include one or more departments/units within a Site/Service.

This exercise may be an orientation, drill, table top, functional or full scale but is limited to one facility.

Objectives

- To evaluate existing site Emergency Response Code Plans related to Code Blue
- To establish an Incident Command Post to manage the response
- To evaluate the ability to communicate the emergency within the facility
- To demonstrate the ability to maintain safety for staff, clients/patients and visitors during the incident

Narrative

You and a colleague are scheduled for a morning coffee break. Both of you decide to leave your work area and go to the cafeteria. You are walking down a corridor and around a corner. You observe a six foot ladder on its side. Next to it is a man on the floor face down. There is a pool of blood at his head. He is not moving.