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# Donning and Doffing Non-Sterile Gloves

Developed by: Infection Prevention & Control Working Group for Best Practice Recommendations for Glove Use

Best Practice Recommendations

[continuingcaresafety.ca](http://continuingcaresafety.ca)

*Adapted from Alberta Health Services "Donning and Doffing Non-Sterile Gloves"*



**Continuing Care  
Safety Association**

# Donning non-sterile gloves



Perform hand hygiene.



Take a glove out of its original box.



Touch only the top edge of the cuff.

## Donning non-sterile gloves (cont'd)



Don the first glove.



Take the 2nd glove with the bare hand and touch only the top edge of the cuff.



Gloves go over the cuff of the gown.



Avoid touching the skin of the forearm with the gloved hand. Once gloved, hands should not touch anything other than the direct task for glove use.

## Doffing non-sterile gloves



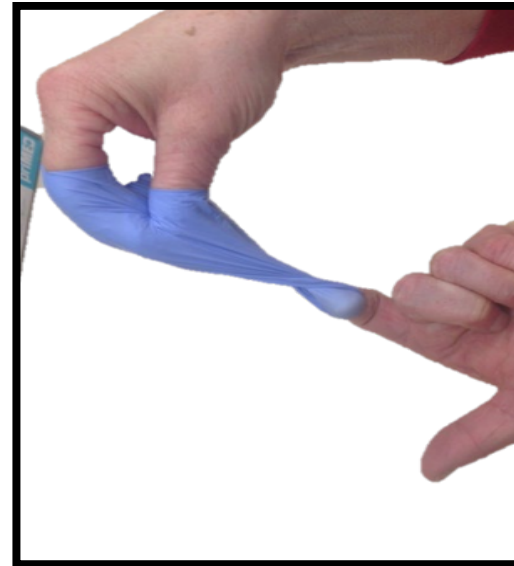
Grasp the outside edge of one cuff with gloved hands; avoid touching wrist. Pull the glove off, turning it inside out and place it in your hand.

Hold the removed glove in your gloved hand.

## Doffing non-sterile gloves (cont'd)



Slide an ungloved finger or thumb under the cuff of the remaining glove.



Peel the glove off inside out over the previously removed glove, bagging both gloves.

## Doffing non-sterile gloves (cont'd)



Discard the gloves.



Perform hand hygiene after glove removal.

# Thank you!

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If you have any questions or comments regarding the information in this best practices recommendation, please contact [ohs@ab-ccsa.ca](mailto:ohs@ab-ccsa.ca)

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