
Donning and Doffing Sterile Gloves when a Sterile Gown is not Worn

Developed by: Infection Prevention & Control Working Group for Best Practice
Recommendations for Glove Use

Best Practice Recommendations

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*Adapted from Alberta Health Services "Donning and Doffing of Sterile Gloves When a Sterile
Gown is Not Worn"*



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Donning sterile gloves



Perform hand hygiene.



Open the inner glove packaging to expose 2nd sterile wrapper.



Donning sterile gloves (cont'd)



Place the inner package on a clean, dry surface.

Donning sterile gloves (cont'd)



Using only thumb and index finger, grasp the folded cuff edge of the glove.



Slip the hand into the glove.



Donning sterile gloves (cont'd)



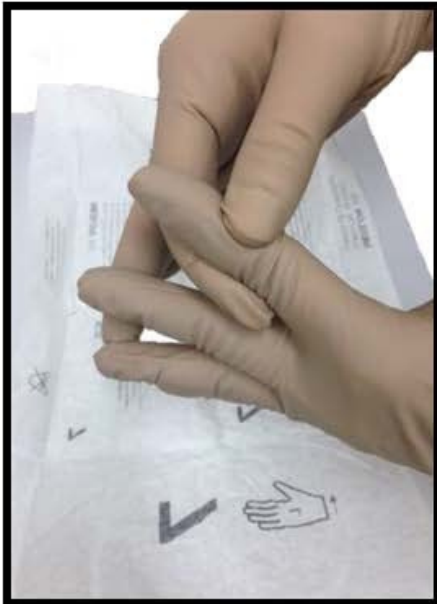
Pick up 2nd glove by sliding gloved hand under the cuff of the glove.

Donning sterile gloves (cont'd)



In a single movement, slip the 2nd glove onto the ungloved hand.
Do not touch any other surface.

Donning sterile gloves (cont'd)



Adjust the fingers and interdigital spaces.



Unfold the first cuff by gently slipping the fingers of the other hand inside the fold.



The hands are gloved and must only touch sterile devices or the previously disinfected patient body area.

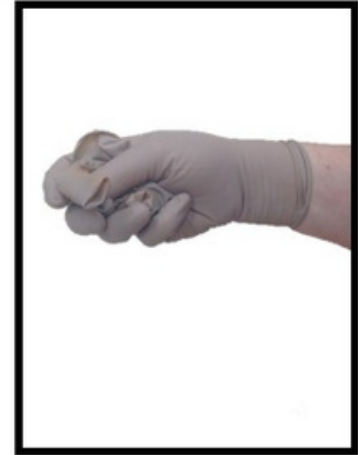
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Doffing sterile gloves



Grasp the outside edge of one cuff with gloved hands, avoid touching the wrist. Pull the glove off, turning it inside out and place it in your hand.

Hold the removed glove in your gloved hand.

Doffing sterile gloves (cont'd)



Slide an ungloved finger or thumb under the cuff of the remaining glove.



Peel the glove off inside out over the previously removed glove, bagging both gloves.



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Doffing sterile gloves (cont'd)



Discard the gloves.



Perform hand hygiene after glove removal.

Thank you!

If you have any questions or comments regarding the information in this best practices recommendation, please contact ohs@ab-ccsa.ca

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