



Continuing Care Safety Association

October Health & Safety Minute

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Congratulations to the CCSA's Health & Safety Star Winners!



On September 18th, 2023, CCSA's team held the [FB Live Random Winners Selection](#)!!! We are happy to announce the FIVE Health Care Aides who won a 2-day all-expenses paid trip to the Hearts and Hands Conference happening in Kelowna, B.C. on October 27th, 2023.

We want to send a big thank you to everyone who participated and helped make it a huge success!

Safety Campaign: Flu Awareness

While anyone can get influenza, the very young, the elderly and people with certain medical conditions are at higher risk of complications. The best way to prevent infection is to receive the seasonal influenza vaccine, and October is an optimal time to receive it. [CCSA offers a 60-min on-demand course Vaccine Basics](#) to answer some common questions about vaccines. Additionally, there are certain steps you can take to help prevent the spread of seasonal flu.



[Read more](#)

Safety Segments: Flu Awareness/ Fire Prevention

Safety Segments offer information and resources you can use during safety huddles, team meetings, etc. The discussion guide pulls everything together.

In October, we celebrate Flu Awareness and Fire Prevention Month. It is crucial to be prepared for the spread of infectious diseases, emergencies and disasters so we are aware of what we need to do and where to go. Use these resources to ensure you are aware of the different ways to protect yourself and others.



[Learn more](#)

CCSA Safety Bytes: 5 Home Fire Prevention & Safety Tips

The CCSA Safety Bytes are short "byte-sized" videos about safety topics and tips that will help increase awareness and skills for our members. Stay tuned for a different topic every month!

As Fire Prevention Week (8-14 October) is approaching, we thought it would be fitting that we provide you with some short fire safety and prevention tips for the home. Have a look at the video and if you want to provide us with a comment or two on your personal fire safety or fire prevention tip or tips, we appreciate your input!



New Resources: Infection Prevention & Control

We are delighted to announce that CCSA has added an Infection Prevention & Control program that includes resources focusing on outbreak management, routine practices, resource manuals, COVID-19, and best practice recommendations for continuing care facilities across Alberta. You will find free interactive courses to expand the knowledge you need to care about yourself, your residents, and the people close to you.



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Updated Resources: Health & Safety Toolkit



Whether your organization is small or large, all H&S programs are built on standard principles. All the resources are free and can be customized to meet your organizational needs. For those who don't have a COR or a method to assess your program, we created a **health and safety system evaluation tool**. For COR-certified members or those having an established H&S program, we prepared resources by the **10 Elements** required by the Government of Alberta and essential for all successful health and safety programs.

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Musculoskeletal Disorder Prevention & Introduction to PoseChecker

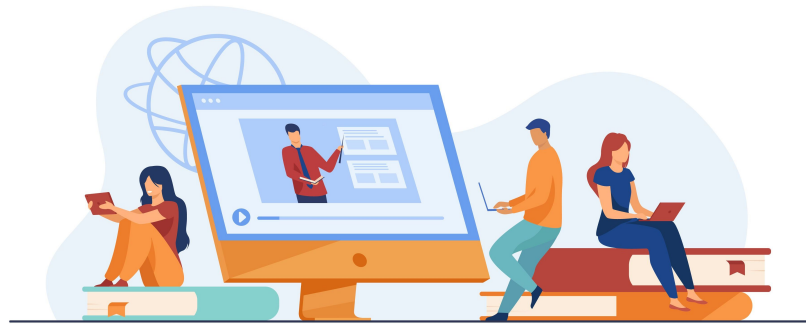
OHS FORUM



REPLAY

We hope you enjoyed your experience and learned valuable insights about MSD Prevention and how PoseChecker Technology protects those on the frontline and equips management to quickly communicate issues and address risks.

The recording of the presentation by Dr. Ali Golabchi, CTO and Director of Research at [EWI Works](#), is available [here](#). Be sure to sign up for the next OHS collaborative sessions: [October 19 and November 15, 2023](#).



Check out CCSA's Latest Courses

CCSA continues to offer instructor-led virtual training and can now accommodate classroom sessions.

[Check out our course descriptions and schedules](#)

Did you know that the CCSA is continuing to add more [FREE On-Demand webinars](#)? Check out our latest offerings!



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Our mailing address is:

#110, 6325 Gateway Boulevard
Edmonton AB T6H 5H6 Canada

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