



# Continuing Care Safety Association

## November Health & Safety Minute

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### Safety Campaign: Slips, Trips and Falls Prevention



November is slips, trips, and falls prevention month, and there are some simple steps you can take to help protect yourself and others. Slips and trips happen in the workplace for many reasons. That is why it is important to also know the key factors that increase your chances of sustaining an injury, in order to reduce your risk. CCSA has compiled useful tools to help you on your journey toward building an injury free workplace.

[Read more](#)

### Safety Segments: Relationship Building: Residents & Families

*Safety Segments offer information and resources you can use during safety huddles, team meetings, etc. The discussion guide pulls everything together.*

Establishing relationships is a fundamental aspect of delivering exceptional care across various environments, with a particular emphasis on supporting residents and enhancing their quality of life. However, these connections are equally crucial for the safety and well-being of the care industry's workforce.



[Learn more](#)

## CCSA Safety Bytes: Team Lifting - Done Right

*The CCSA Safety Bytes are short "byte-sized" videos about safety topics and tips that will help increase awareness and skills for our members. Stay tuned for a different topic every month!*

When attempting to lift something heavy or large and awkward, the chance of sustaining an injury is going to be quite high. However, you can reduce this risk by executing a team lift. In this video, we will look at some common mistakes and point out the correct technique to use when two people are going to move a large or awkward object like a piece of furniture.



# Next OHS Forum: Introduction to Human and Organizational

## Performance



This forum will present Human and Organizational Performance – Safety Evolution by [Gordon Walsh](#), Principal Consultant at [Energy Safety Canada](#). Main topics: Setting the Stage for Change, A Different Lens: 5 Principles of Human and Organizational Performance, Learning from Normal Work: WAI vs WAD, Assessing Critical Risks and Controls, Error Modes and Workplace Complexity, Improving Incident Investigation, Organizational Learning – Field ready Activities, ESC Resources.

[Register](#)

## CBSA Info Sheet and FAQ Resources

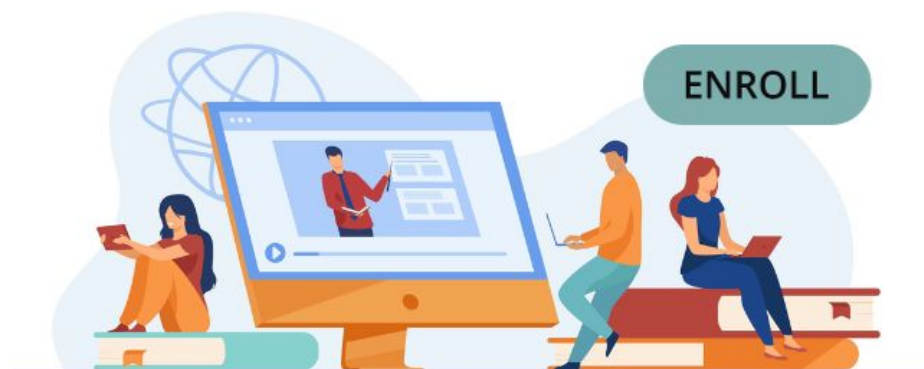
Work on the Complexity Based Scalable Audit Info Sheet and Frequently Asked Questions has been completed and has been posted in the OHS resource portal. Links below:



[OHS Resource Portal. Complexity-Based Scalable Audit \(CBSA\) Info Sheet \(alberta.ca\)](#)

[OHS Resource Portal. FAQ: Complexity-Based Scalable Audit \(CBSA\) \(alberta.ca\)](#)

If there are any questions or comments, please do not hesitate to contact us.



**CCSA's Last Instructor-Led Course in 2023  
Work Site Inspections Train-the Trainer**

CCSA continues to offer instructor-led virtual training and can now accommodate classroom sessions.

[Check out our course descriptions and schedules for 2024](#)

Did you know that the CCSA is continuing to add more [FREE On-Demand webinars](#)? Check out our latest offerings!



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