



## December Health & Safety Minute

### In this month's edition...

- [Safety Campaign: Holiday Safety](#)
- [Safety Segments: Non-Fire Emergency Response Planning](#)
- [CCSA Safety Bytes: FIVE Tips for Running an Effective Tabletop Exercise](#)
- [Introduction to Human and Organizational Performance - Safety Evolution](#)
- [2024 Training Calendar Has Been Released](#)
- [Our Warmest Wishes for the Holidays and CCSA Holiday Hours](#)

### Safety Campaign: Holiday Safety



It's the most wonderful time of the year... But it's also the most hazardous season, especially for workers! We often see an increase in the number of injuries and accidents during this time of year. Remember that our workplace is our residents' home. Just like any other home during the holidays, we should be more vigilant in order to prevent injuries to ourselves and to more vulnerable residents. There are a few hazards to look out for during the festive season.

[Read more](#)

## Safety Segments: Non-Fire Emergency Response Planning

*Safety Segments offer information and resources you can use during safety huddles, team meetings, etc. The discussion guide pulls everything together.*

Comprehensive emergency response plans are imperative to safeguard the welfare of employees, residents, and visitors from emergency circumstances. An organization's planning should encompass a spectrum of potential crises such as severe weather conditions, medical emergencies, chemical spills, power outages, and even security threats.



[Learn more](#)

## CCSA Safety Bytes: FIVE Tips for Running an Effective Tabletop Exercise

*The CCSA Safety Bytes are short "byte-sized" videos about safety topics and tips that will help increase awareness and skills for our members. Stay tuned for a different topic every month!*

Every emergency response plan is bound to break down in some capacity. How and where the plan breaks down depends on how much effort you have put into preparing for an emergency. Taking some time to prepare and practice will help mitigate breakdowns and ensure an effective response. Join the CCSA in this video to take a look at 5 tips that can help you run effective tabletop exercises at your facility to help you be better prepared for an emergency.





**Five**

**Tabletop**



**Exercise**

**Tips**

---

## Introduction to Human and Organizational Performance - Safety Evolution

### OHS FORUM



### PRESENTATION

We hope you enjoyed your experience and learned valuable insights about "Introduction to Human and Organizational Performance - Safety Evolution" from Principal Consultant, Gordon Walsh, on November 15, 2023.

If you were unable to attend the OHS Member Forum, you can still obtain the presentation by downloading it.

[Download](#)

---

## 2024 Training Calendar Has Been Released

CCSA continues to offer Instructor-Led virtual and in-person training sessions. [Check out our course descriptions and schedules for 2024!](#) Did you know that the CCSA is continuing to add more [On-Demand webinars?](#)

[2024 Training Calendar](#)

---

## Our Warmest Wishes for the Holidays and CCSA Holiday Hours



*May your holiday be merry and bright! CCSA Team is sending you holiday cheer and a sincere thank you for your loyalty. Warmest wishes for the holidays and a heartfelt thank you for being our valued members.*

 Continuing Care Safety Association  <b>Holiday Hours</b>	★ <b>Christmas Day</b> 25th December	<b>Closed</b>
	★ <b>Boxing Day</b> 26th December	<b>Closed</b>
	★ <b>27th-29th December</b> 8am - 4pm Response Time May Be Longer Than Usual	
	★ <b>New Year's Day</b> 1st January	<b>Closed</b>



Copyright © 2023 | Continuing Care Safety Association, All rights reserved.

**Our mailing address is:**  
#110, 6325 Gateway Boulevard  
Edmonton AB T6H 5H6 Canada

Want to change how you receive these emails?  
You can [update your preferences](#) or [unsubscribe from this list](#).