



January Health & Safety Minute

In this month's edition...

- [Safety Campaign: Violence and Harassment in Continuing Care](#)
- [Managing Workplace Violence, Harassment and Responsive Behaviour - 2 hr OnDemand Course](#)
- [Safety Segments: Safety Culture](#)
- [CCSA Safety Bytes: Workplace Burnout - Things You Need to Know](#)
- [Updated Information on the Alberta OHS First Aid Training Requirements for Continuing Care](#)
- [New Resource: Musculoskeletal Injury Prevention](#)
- [Staff Profile: Christi Ferguson-Huston](#)

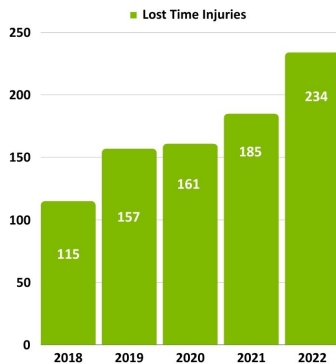
Safety Campaign: Violence and Harassment in Continuing Care



Over the last 5 years, "assaults/violent acts/harassment" remain one of the top 5 types of injuries reported to WCB in both long-term care and senior supportive living industries. Violence and harassment cannot be tolerated in the workplace. CCSA stands beside continuing care professionals, ensuring they have the tools, resources, and training needed to maintain a safe and compliant workplace.

[Read more](#)

Managing Workplace Violence, Harassment and Responsive Behaviour - 2 hr OnDemand Course



Did you know that [workplace violence-related](#) **lost time injuries have doubled** since 2018 and **83% of workplace violence** incidents involve a healthcare resident/patient?

CCSA's New On-Demand course "Managing Workplace Violence, Harassment, and Responsive Behaviour"

helps to prevent incidents or injuries caused by violence

and acts of aggression, and build a more robust safety culture.

This real-life-scenario-based interactive course discusses how to prevent and mitigate the escalating behaviors of residents, members of the public, and coworkers in and around a care facility.



video exploration

Course fees: \$40.00 for Members and \$72.00 for Non-Members.

[Sign Up Now](#)

Safety Segments: Safety Culture



Safety Segments offer information and resources you can use during safety huddles, team meetings, etc. The discussion guide pulls everything together.

2024 is a new year and with every new year comes new CCSA Safety Segment! Each month will focus on a new topic with an emergency response activity. 2024 topics begin with Safety Culture. You may have heard of it, but do you know what it is? Given the difficult times employers are facing with staffing, Safety Culture may be the focus employers need to maintain a safe workplace, help to boost employee satisfaction and propel growth.

[Learn more](#)

CCSA Safety Bytes: Workplace Burnout - Things You Need to Know



The CCSA Safety Bytes are short "byte-sized" videos about safety topics and tips that will help increase awareness and skills for our members. Stay tuned for a different topic every month!

Are you finding it hard to focus on work? Maybe even finding it difficult to focus on activities outside of work. You are possibly suffering from workplace burnout.

In this video we are going to take a look at workplace burnout and some strategies you can implement that may help to reduce your risk.



Updated Information on the Alberta OHS First Aid Training Requirements for Continuing Care

We have received clarification from the Alberta [OHS] Specialized Professional Services, regarding the frequently asked question for first aid training requirements.



Previously, there was confusion regarding LPN and RN equivalency to the basic and intermediate levels of first aid. We have now confirmed that there is no distinction between LPNs and RNs as to the level of first aid requirements.

We have created a cheat sheet and information table to help our members ensure they meet requirements.

[View Cheat Sheet](#)

New Resource: Musculoskeletal Injury Prevention

Musculoskeletal Disorders continue to be the leading cause of WCB-accepted lost-time claims in long-term care and seniors' supportive living/lodges. We are delighted to announce that CCSA has added a Musculoskeletal Injury Prevention program that includes resources focusing on recognizing and reporting early signs and symptoms of musculoskeletal injuries, identifying hazards that may result in musculoskeletal injuries, workshops and activities to prevent musculoskeletal disorders.



[View Page](#)

Staff Profile: Christi Ferguson-Huston

Meet Christi - CCSA Health and Safety Instructor!

A Career in Safety: 23 Years and Counting...

"For over two decades, I have been dedicated to the safety industry, working across various sectors in building and developing safety programs. As an auditor and instructor, I have honed my skills and become passionate about promoting safe and healthy work environments. It is crucial to work together and implement systems that minimize the risk of injuries and accidents. In my experience, I have



developed the ability to communicate effectively with personnel at all levels of an organization, and I always strive to have positive safety conversations."



Check Out CCSA's Latest Courses

CCSA continues to offer instructor-led virtual training and can now accommodate classroom sessions.

[Check out our course descriptions and schedules.](#)

Did you know that the CCSA is continuing to add more [On-Demand webinars](#)?
Check out our latest offerings!



Copyright © 2021-2023 | Continuing Care Safety Association, All rights reserved.

Our mailing address is:
#110, 6325 Gateway Boulevard
Edmonton AB T6H 5H6 Canada

Want to change how you receive these emails?
You can [update your preferences](#) or [unsubscribe from this list](#).