



May Health & Safety Minute

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The Working Mind for Employees - Free Sessions in May

Frontline Workers who understand normal reactions to stress and how to manage these reactions are more resilient and have a greater ability to recover from stress, traumatic events, and adverse situations.

The Working Mind training aims to help individuals maintain their wellness while also supporting others living with a mental health problem or illness in a psychologically healthy and safe work setting.

Register today for the next available sessions in May:

[>>> May 14, 2024, 8:30 a.m. - 2:30 p.m. - In-Person Training at CCSA office \(2nd floor\): 225 Parsons Rd SW, Edmonton, AB](#)



[>>> May 22, 2024, 8:30 a.m. - 2:30 p.m. - In-Person Training at Lac Ste Anne Foundation - Pleasant View - Mayethorpe: 4407 42a Ave, Mayerthorpe, AB](#)

CCSA conducts 1-month, 3-month, and 6-month post-evaluation training surveys to ensure participants to access the program's impact and improve future sessions.

Safety Campaign: Emergency Preparedness

A graphic for Emergency Preparedness Week. It features a collage of six images: a car in floodwaters, a fire at night, a person in a shelter, a landslide, a lightning storm, and a stormy sky. To the right is the logo for the Continuing Care Safety Association, followed by the text: "Emergencies can happen at any time and without warning!", "May 5-11, 2024", "Emergency Preparedness Week", and "Be Prepared. Know Your Risks."/>

Continuing Care Safety Association

Emergencies can happen at any time and without warning!

May 5-11, 2024
Emergency Preparedness Week

Be Prepared. Know Your Risks.

Emergency Preparedness Week (EP Week) is a national event that has run for over 25 years in Canada and takes place annually during the first full week of May. While being prepared for disruption is important year-round, EP Week provides a unique opportunity to spotlight [emergency preparedness](#) nationwide.

[Read More](#)

Safety Segments: Emergency Preparedness



Safety Segments offer information and resources you can use during safety huddles, team meetings, etc. The discussion guide pulls everything together.

This year, 2024, **May 5-11 is Emergency Preparedness Week**. Emergencies may occur, the question is: will you be ready when they do?

Dealing with emergencies requires a lot of different skills, teamwork, planning, communicating, and more. Above all preparedness can be equated to practice. The

CCSA has prepared another Safety Segment to assist our members in emergency planning and preparedness.

[Learn more](#)

Safety Bytes: What is Emergency Preparedness? Are You Prepared?



The CCSA Safety Bytes are short "byte-sized" videos about safety topics and tips that will help increase awareness and skills for our members. Stay tuned for a different topic every month!

Many parts of Canada including our home province of Alberta experience natural disasters or extreme weather events almost annually. Households and families need to consider emergency preparedness. In this video, we are going to tackle three things that often hinder families from preparing for emergencies.



New Resources: OHS Prevention Initiative

The OHS prevention initiative focuses on reducing common workplace injuries, protecting at-risk workers, and identifying higher-risk work situations. The initiative



also coordinates efforts between OHS system partners to achieve better health and safety outcomes.

The CCSA has adapted Alberta OHS bulletins and resources to support this initiative as a partner in health and safety. The aim is to adapt the Alberta OHS resources to be more applicable to our industry and to support specific departments within the continuing care workforce.

- [Principles of Safe Lifting](#)
- [Slips, Trips, and Falls Preventions for Workers](#)
- [Refuse Unsafe Work](#)
- [Stop the Stigma - Mental Health](#)
- [Psychosocial Hazards](#)

[View Resources](#)

Update on Care for Staff Program

Since the Care for Staff program opened on Mar. 11, 2023, a total of 72 QIPs and approximately \$1.15M of funding have been approved. If you have not started or completed your application, **there is still time!** Applications will be processed until funding has been exhausted. Reference information about the Care for Staff program:

- [Care for Staff Program Information](#)
- [FAQ - Care for Staff](#)
- [Care for Staff Program – How to Apply](#)

If you have questions about the Care for Staff program that are not addressed within the FAQ, please direct them to careforstaff@ab-cca.ca.

CCSA is Looking to Hire Training Instructors

We are looking to hire contracted Health&Safety Instructors, who are passionate about promoting workplace wellbeing and delivering the CCSA health & safety courses virtually.



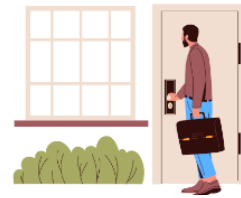
Feel free to share this opportunity with anyone you think might be interested.
Submit your resume to Lee-Anne Morkin at lmorkin@ab-ccsa.ca.

Click "View job" below for more information and details.

[View Job](#)

Abilities Management Program - Coming Soon in May!

**Stay-at-Work/Return-to-Work
(SAW/RTV)**



Check Out CCSA's Latest Courses

CCSA continues to offer instructor-led virtual training and can now accommodate classroom sessions.

[Check out our course descriptions and schedules.](#)

Did you know that the CCSA is continuing to add more [On-Demand courses](#)? Check out our latest offerings!



Our mailing address is:

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