



June Health & Safety Minute

In this month's edition...

- [CCSA Member Engagement Survey is Back! Have Your Say!](#)
- [Win a 2-Day All-Expenses Paid Trip to the "Hearts & Hands" Conference in Langley, B.C.](#)
- [Safety Campaign: Summer Safety](#)
- [Safety Segments: Summer Safety](#)
- [Safety Bytes: Injury Prevention at Home - Some Basic Principles](#)
- [The Working Mind for Employees- Free Sessions in June](#)
- [2024 ACCA Awards of Excellence](#)

CCSA Member Engagement Survey is Back! Have Your Say!

As part of our commitment to fostering communication and engagement with our members, every two years CCSA collects data to understand better and improve the membership experience we provide.

The survey takes 15 minutes, and you may only take the survey once. **The deadline to submit your survey - is 4:00 p.m., July 3, 2024**, and it is meant for every individual who works in the continuing care industry in Alberta (WCB industry codes 82800 and 82808).

Not only will your feedback help us improve our services, but it will also give you a chance to win one of our **exciting prizes valued at \$150, \$200, and \$350.**

[Complete Survey](#)

Win a 2-Day All-Expenses Paid Trip to the "Hearts & Hands" Conference in Langley, B.C.



Since 2023, CCSA has been a proud event partner of the "[Heart and Hands](#)" Conference, hosted annually by SafeCare B.C. This year, we are thrilled to announce that this partnership allows us to sponsor the trip for THREE "[Health & Safety Star](#)" Winners to attend the conference in Langley, B.C., on October 2.

Nominate a Healthcare Aide, Nursing Attendant, Community Home Support, or Personal Care Worker and recognize their efforts in building and sustaining an exceptional Health and Safety culture within your organization.



[Make a Nomination](#)

Safety Campaign: Summer Safety

During the summer in Alberta, outdoor activities increase, especially after the long winter. It's essential to stay vigilant about safety during this time since we are more active and spend longer periods in the sun, exposing ourselves to specific hazards.



Explore our Summer Safety Resources raising awareness about the health risks of working in extreme heat and propose practical workplace solutions.

[Learn More](#)

Safety Segments: Summer Safety



Safety Segments offer information and resources you can use during safety huddles, team meetings, etc. The discussion guide pulls everything together.

Summer and warmer weather and spending time outdoors are fast approaching. Spending time in the sun is an important part of a person's overall health and wellness and can boost energy, productivity, and quality of life for staff. As an employer, you can enhance your employees' well-being and foster healthier psychological wellness by encouraging staff to spend time outdoors safely. The emergency response focus this month is Code Grey.

[Learn more](#)

Safety Bytes: Injury Prevention at Home - Some Basic Principles



The CCSA Safety Bytes are short "byte-sized" videos about safety topics and tips that will help increase awareness and skills for our members. Stay tuned for a different topic every month!

We are more likely to suffer an injury at home than at work. So why do we take so many precautions at work but at home we throw caution to the wind? Check out this video where we discuss some basic principles you can use to work safely around the house.



The Working Mind for Employees- Free Sessions in June



The Working Mind for Employees (Frontline Workers) workshop can help individuals build resilience to stress. The strategies learned in the course can help reduce the impact of stress, optimizing people's well-being at home and work.

Register your team today for the next available sessions in June:

[>>> June 19, 2024, 8:30 a.m. - 2:30 p.m. - In-Person Training at Pioneer House, 5725 51 St, Lloydminster, AB](#)

[>>> June 20, 2024, 8:30 a.m. - 2:30 p.m. - In-Person Training at Extencicare St Paul - 4614 47 Ave, St Paul, AB](#)

2024 ACCA Awards of Excellence

Nominations for the 2024 ACCA Awards of Excellence are officially open! The ACCA Awards of Excellence shines a spotlight on the individuals and organizations dedicated to improving the quality of life of those they care for.

Please visit a Nomination Form to nominate yourself, a colleague, or an organization for an award today! **Nominations will be accepted until July 31, 2024.**

Make a Nomination



Check Out CCSA's Latest Courses

CCSA continues to offer instructor-led virtual training and can now accommodate classroom sessions.

[Check out our course descriptions and schedules.](#)

Did you know that the CCSA is continuing to add more [On-Demand courses](#)? Check out our latest offerings!



Copyright © 2021-2024 | Continuing Care Safety Association, All rights reserved.

Our mailing address is:
225 Parsons Road SW
Edmonton AB T6X 0W6 Canada

Want to change how you receive these emails?
You can [update your preferences](#) or [unsubscribe from this list](#).