# **KNOWING RESIDENTS, FAMILIES & YOURSELF** AUGUST SAFETY SEGMENT



Elder abuse is a concerning issue affecting seniors across Canada. One in five Canadians believes they know of a senior who might be experiencing some form of abuse. Seniors from all walks of life are vulnerable to elder abuse, which can take various forms, including physical, psychological, and financial abuse. Financial abuse is the most reported type. Older adults affected by abuse may hesitate to talk about it due to feelings of shame, fear of retaliation, or lack of awareness about available help. It's essential to raise awareness to prevent and address elder abuse.

## **ELDER ABUSE**

#### **DIRECTIONS**

Start the discussion by setting the expectations for creating a safe space and respecting everyone's feedback. Print out the Elder Abuse Fact Sheet and your organization Elder Abuse policies. After everyone is done reviewing the sheet, use the guiding questions below to facilitate a group discussion.

### **SAFETY SEGMENT DISCUSSION**

#### **Guiding Questions:**

- Who could you report elder abuse to?
- What would be some signs you might see?
- Have you ever known anyone where this has happened?
- Does your organization have information on Elder Abuse and where could you find them?

#### Notes to the Team Leader:

 Facilitate an atmosphere of support and openness to feedback by encouraging the staff to share experiences or opinions without fear of reprisal.

#### Additional Resources:

- Elder Abuse Poster 1 & 2
- Government of Alberta Elder Abuse











