

# POINT OF CARE RISK ASSESSMENTS SEPTEMBER SAFETY SEGMENT



Alberta health care employees, which includes health care aides and nurses, only comprise a little over 6% of the full-time equivalent employees in the workforce. However, healthcare workers are collectively responsible for almost 20% of the overexertion injury claims in Alberta and responsible for 13% of the fall injuries. Adding to these stats, 83% of all workplace violence injuries involve a health care worker and a resident or patient. These figures help to reinforce the importance of point-of-care risk assessments.

## POINT OF CARE RISK ASSESSMENT (POCRA) INTRODUCTION

### DIRECTIONS

The best way to avoid injuries is to be prepared for them, to understand the working environment and be aware of any hazards. Have the group watch the video, [Introducing a Point of Care Risk Assessment](#) and then guide discussion using the questions below:

### SAFETY SEGMENT DISCUSSION

#### Post Session Questions:

- Did you find the injury statistics surprising?
- Does a POCRA create a time crunch for you?
- Have you been in a situation and had to back off and get help?

#### Notes to the Team Leader:

- Facilitate the discussion, guiding the discussion to tactical improvement versus criticism without recommendations.

