


# POINT OF CARE RISK ASSESSMENTS SEPTEMBER SAFETY SEGMENT



WHERE  
TO DRAW  
THE LINE?

Setting limits is one of the most powerful tools that professionals need to utilize for positive change in escalated individuals. Knowing there are limits and consequences to behaviours helps individuals to understand that there is an acceptable standard to behave by and that there are consequences that must be accepted based on choices made.

## SETTING BOUNDARIES

### DIRECTIONS

Provide the handout, Setting Limits and Consequences for participants to read. Then facilitate discussion using the scenarios in the activity handout Setting Limits. Split participants into groups and have them brainstorm the different scenarios. Discuss findings as a group

### SAFETY SEGMENT DISCUSSION

Guiding Questions:

- What was the hardest part of this exercise?
- Have you practiced setting limits before?
- Did this improve your ability to communicate? If so how??

Notes to the Team Leader:

- Facilitate an atmosphere of support and openness to feedback by encouraging the staff to share experiences or opinions without fear of reprisal.



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