

SLIPS, TRIPS, AND FALLS NOVEMBER SAFETY SEGMENT



A majority of slips, trips, and falls occur during winter months and spike during and after snowfalls or drastic weather changes. Preventing wintertime falls is not a difficult process, it is not complicated. Prevention works with three ingredients, correct clothing, wintertime maintenance and reacting correctly to your surroundings, some of which is changing how you walk, think penguin.

PREPARING FOR WINTERTIME SLIPS & TRIPS

DIRECTIONS

Provide the handout, [Preparing for Wintertime Falls](#) discussing wintertime fall risks and how to prevent them. Give participants 5 minutes to read and then lead a discussion using the questions below. After the discussion pass out the [Walk Like a Penguin](#) poster.

SAFETY SEGMENT DISCUSSION

Guiding Questions:

- Do you wear special footwear for snow days or when the weather changes? Or do you bring a change of footwear with you to work?
- Do you reduce the load or loads you are carrying when the ground is slippery?
- How do you report slippery areas at work?

Notes to the Team Leader:

- Facilitate an atmosphere of support and openness to feedback by encouraging the staff to share experiences or opinions without fear of reprisal.



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