

# FLU AWARENESS OCTOBER SAFETY SEGMENT



Avoiding the flu is crucial to maintaining a healthy environment for both patients/residents and staff. Key strategies include ensuring all workers receive annual flu vaccinations, practicing rigorous hand hygiene, and using personal protective equipment (PPE) such as masks and gloves when necessary. Additionally, encourage sick employees to stay home to prevent the spread of the virus. By implementing these measures, facilities can significantly reduce the risk of flu outbreaks and protect vulnerable populations.

## FLU AWARENESS

### DIRECTIONS

There are numerous ways to keep the flu at bay, the best way to avoid the flu is to wash your hands. Print the [Flu poster](#), [the Flu Facts poster](#), and then guide discussion using the questions below:

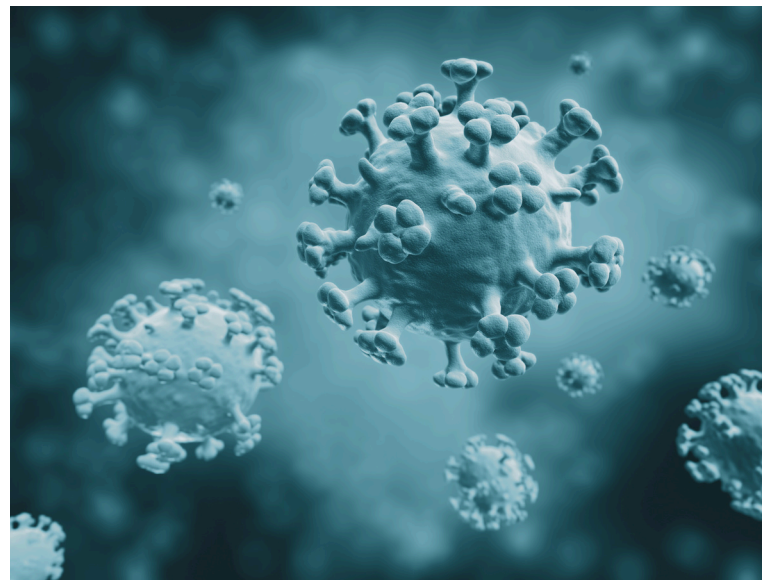
### SAFETY SEGMENT DISCUSSION

#### Post Session Questions:

- How long should you wash your hands?
- What is the process for calling in sick?
- Do you know when Flu season is?
- Do you know the signs and symptoms of the flu?

#### Notes to the Team Leader:

- Facilitate the discussion, guiding the discussion to tactical improvement versus criticism without recommendations.



Continuing Care  
Safety Association

Follow the CCSA and check our other resources.

