

FLU AWARENESS OCTOBER SAFETY SEGMENT



Avoiding the flu is crucial to maintaining a healthy environment for both patients/residents and staff. Key strategies include ensuring all workers receive annual flu vaccinations, practicing rigorous hand hygiene, and using personal protective equipment (PPE) such as masks and gloves when necessary. Additionally, encourage sick employees to stay home to prevent the spread of the virus. By implementing these measures, facilities can significantly reduce the risk of flu outbreaks and protect vulnerable populations.

FLU AWARENESS

DIRECTIONS

There are numerous ways to keep the flu at bay, the best way to avoid the flu is to wash your hands. Print the [Flu poster](#), [the Flu Facts poster](#), and then guide discussion using the questions below:

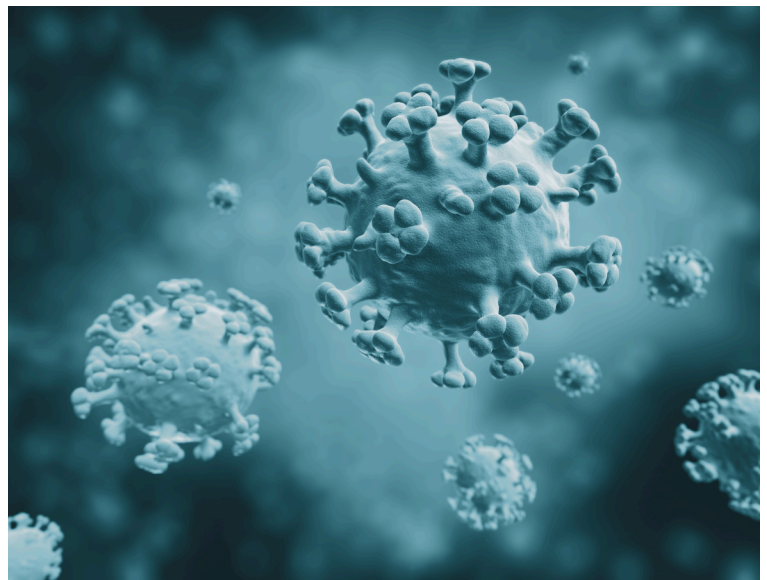
SAFETY SEGMENT DISCUSSION

Post Session Questions:

- How long should you wash your hands?
- What is the process for calling in sick?
- Do you know when Flu season is?
- Do you know the signs and symptoms of the flu?

Notes to the Team Leader:

- Facilitate the discussion, guiding the discussion to tactical improvement versus criticism without recommendations.



VACCINE BASICS OCTOBER SAFETY SEGMENT



The flu vaccine is a crucial tool in preventing influenza, a contagious respiratory illness caused by flu viruses. It works by stimulating the immune system to produce antibodies that fight off the virus, reducing the risk of infection. Typically, the vaccine is updated annually to match the most common strains of the virus predicted for the upcoming flu season. It's recommended for everyone aged six months and older, especially those at higher risk of severe complications, such as the elderly. Getting vaccinated not only protects the individual but also helps reduce the spread of the flu within the community.

VACCINE BASICS

DIRECTIONS

There are a lot of questions when it comes to vaccines. If you would like to know more, please check out the course available on the CCSA LMS: [Vaccine Basics - On-Demand](#). You can also facilitate discussion using the [Vaccine testing and approval poster](#).

SAFETY SEGMENT DISCUSSION

Guiding Questions:

- What are some of the signs and symptoms after you get the flu vaccine?
- Truth or myth: If I get the vaccine, I will get the flu?
- How long can it take for a vaccine to be approved?

Notes to the Team Leader:

- Facilitate an atmosphere of support and openness to feedback by encouraging the staff to share experiences or opinions without fear of reprisal.



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CLEANING, SANITIZING AND DISINFECTING OCTOBER SAFETY SEGMENT



Cleaning, sanitizing or disinfecting...What's the difference. The idea is to make the surface clean of anything that could make us sick, this includes dirt, viruses, anything biological etc. How we do that can be very different. Some cleaners are made just to make sure the surface is clean, like cleaning a mirror, while others will get rid of viruses but only on hard surfaces. Make sure you know the difference of what can be used where and what it is good for, if you are not sure make sure to read the information on the bottle or the SDS sheet.

WHAT IS THE DIFFERENCE

DIRECTIONS

We need to know what we need to do between cleaning dirt and sanitizing or disinfecting for viruses. They might all look like we are doing the same thing but it is important to know the difference. Look at the [CSD Poster](#) and facilitate discussion using the guiding questions below.

SAFETY SEGMENT DISCUSSION

Guiding Questions:

- Can you list the chemicals we use for cleaning?
- Do you know if they sanitize or disinfect as well?
- Do we need any specific PPE when we are using the different chemicals?
- Do you know which items can be sanitized and which would have to be disinfected?

Notes to the Team Leader:

- Facilitate an atmosphere of support and openness to feedback by encouraging the staff to share experiences or opinions without fear of reprisal.



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USING SDS SHEETS OCTOBER SAFETY SEGMENT



We all work with some sort of chemicals, at home and at work but how do we know which ones are dangerous for us. Safety data sheets can look complicated, but they are a very handy source of safety information. Safety data sheets are a good example of the safety information that many workers need to be aware of. If you use or are around hazardous materials, you need to know about the important information in the sections of a safety data sheet. Let's meet Annie as she has some important information to share with us.

MEET ANNIE

DIRECTIONS

We are bringing out a new series of videos, with a very special person: Annie. Annie will help us make sense of some common health and safety issues around our workplace. She is very excited to be sharing all that she knows. She also hopes that you will ask her questions as well. Annie is going to take us through SDS sheets. Watch the video, [5 Reasons YOU need to know about Safety Data Sheets](#) and then field discussion using the guiding questions below.

SAFETY SEGMENT DISCUSSION

Guiding Questions:

- What does SDS stand for?
- What sections does Annie say are important to know?
- Where would you find an SDS sheet?
- SDS are a part of what program?

Notes to the Team Leader:

- Facilitate an atmosphere of support and openness to feedback by encouraging the staff to share experiences or opinions without fear of reprisal.



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CODE OF THE MONTH

OCTOBER SAFETY SEGMENT



An effective emergency response to a fire is critical to ensure the safety of patients/residents, staff, and visitors. The first step is to remove those in immediate danger, ensure doors are closed, activate the fire alarm system, and call emergency services. It's essential to have clear evacuation routes and designated assembly points. Regular fire drills and training sessions help ensure that everyone knows their roles and responsibilities during an emergency.

CODE RED - FIRE

DIRECTIONS

Start by splitting the group into 2 smaller groups. Ask each group to list their Code Red responsibilities. Then using the handout [Code Red](#) and the [Scenarios](#) role-play and lead a discussion using the guiding questions.

SAFETY SEGMENT DISCUSSION

Guiding Questions:

- Ask each group - What are your responsibilities during a Code Red?
- What does REACT stand for?
- How and when should you use a fire extinguisher
- How do you tell if you can open a door?

Notes to the Team Leader:

- If time permits this the discussion can continue using some of the materials found on the [CCSA Emergency Response Resource Portal](#)



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