

# SAFETY SEGMENTS FEBRUARY

## Safe SRH



### WHAT WE'RE LEARNING

In healthcare settings, safe transfer and repositioning of residents is crucial to prevent injury. Workers are trained in proper body mechanics, such as bending their knees when lifting, to avoid strain. Assistive tools like transfer belts and lifts support safer transfers. Clear communication with residents and coworkers ensures comfort and effective teamwork, especially during complex tasks. Ongoing training keeps employees updated on best practices, ensuring readiness in case of injury. By prioritizing these techniques, healthcare environments can reduce risks for both residents and employees.

### GUIDING QUESTIONS

- How does proper body mechanics help prevent injury during transfers or repositioning of residents?
- What assistive devices ensure resident safety and dignity?
- Why is clear communication important for safe handling, and how can it lead to better outcomes for everyone?

#### Notes to the Team Leader:

Facilitate an atmosphere of support and openness to feedback by encouraging the staff to share experiences or opinions without fear of reprisal.

### DIRECTIONS

Start the discussion by setting the expectations for creating a safe space and respecting everyone's feedback. Watch the YouTube video on MIP Technique: **Moving Resident to Wheelchair Using a Lift**. After everyone is done, use the guiding questions to facilitate a group discussion.