



April 2025 Health & Safety Minute

In this month's edition...

- [CCSA Annual General Meeting - April 16, 2025](#)
- ["The Working Mind" Free Courses Extended Until June](#)
- [Safety Segments: Workplace Recognition](#)
- [Safety Bytes: Physical Self-Care](#)
- [Safety Talk: "Recognition & Reward"](#)
- [Limited-Time Offer: On-Demand Courses at \\$20.00](#)

CCSA Annual General Meeting - April 16, 2025



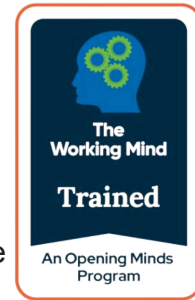
Don't miss the opportunity to attend the upcoming 2025 CCSA AGM. This year's agenda features distinguished speakers from the Ministry, including [Honourable Jason Nixon](#) and [Assistant Deputy Minister Myles Morris](#).

Secure your spot today (virtually or in-person) to gain valuable insights and network with industry professionals.

[Register](#)

"The Working Mind" Free Courses Extended Until June

We are pleased to announce that CCSA will continue offering "The Working Mind" courses free of charge through June. These courses are offered virtually for [Frontline Employees](#) and [Managers/Leaders](#) and are designed specifically for the continuing care and other healthcare settings focusing on shifting the way we think, act, and feel about mental health in the workplace. Hurry to secure your spot before it's fully booked!



Safety Segments: Workplace Recognition



Safety Segments offer information and resources you can use during safety huddles, team meetings, etc. The discussion guide pulls everything together.

We know that safety is everyone's responsibility. Recognizing the efforts of our employees not only boosts morale but reinforces safe behaviors, leading to fewer accidents and a healthier work environment. For leadership, it builds trust and shows commitment to safety, while for our safety professionals, it validates their hard work and helps refine our programs. Safety recognition is key to fostering a culture of accountability, reducing costs, and improving productivity!

[Learn more](#)

Safety Bytes: Physical Self-Care



The CCSA Safety Bytes are short "byte-sized" videos about safety topics and tips that will help increase awareness and skills for our members. Stay tuned for a different topic every month!

Taking care of your body is a vital aspect of overall wellness. Incorporating simple practices into your daily routine can enhance your physical health and well-being. Engage in physical activities, stay hydrated, establish a consistent sleep schedule, maintain a balanced diet, and remember to take regular breaks to stretch and reset.



Safety Talk: "Recognition & Reward"



2025 Safety Talks Focus: the National Standard for Psychological Safety in the Workplaces, covering the 13 factors plus two healthcare-specific ones.

"Recognition and Reward" as one of the thirteen factors in the National Standard for Psychological Safety emphasizes acknowledging and appreciating employees' efforts fairly and promptly, which positively impacts mental health. In the demanding healthcare environment, recognizing contributions fosters a supportive atmosphere.

[Read More](#)

Limited-Time Offer: On-Demand Courses at \$20.00

In celebration of the CCSA's 20th Anniversary, our [paid On-Demand courses](#) will be available to Members for just \$20.00 until the end of April 2025. Invest in your workplace safety at a special anniversary rate:

- Hazard Assessment & Control (HA-01-M)
- Managing Violence, Harassment, and Responsive Behaviours (MVH-01-M)
- Health & Safety Committee/Representative (HSC-01-M)
- Work Site Inspections (WI-01-M)

LMS Log In



Check Out CCSA's Latest Courses

CCSA continues to offer instructor-led virtual training and can now accommodate classroom sessions.

[Check out our course descriptions and schedules.](#)

Did you know that the CCSA is continuing to add more [On-Demand Courses](#)? Check out our latest offerings!



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